

Help for Children Affected by Violence

Examples of Violence/Trauma:

- Car accidents.
- Natural disaster.
- Serious medical treatment.
- Community/Domestic violence.
- Physical/Emotional/Sexual abuse.
- Sudden death/loss.
- Crime.

Warning Signs of Child Traumatic Stress:

- Depression/Anxiety.
- Behavioral changes.
- Difficulties at school.
- Problems maintaining relationships.
- Difficulty eating and sleeping.
- Withdrawal.
- Substance abuse/dangerous behaviors.

How to Help Kids Affected by Violence:

- Do not be afraid to talk about the traumatic event.
- Be available to talk with and listen to the child.
- Provide a consistent, predictable pattern for the day.
- Be nurturing, comforting, and affectionate, but be sure it is an appropriate context.
- Protect the child by stopping or cutting short activities that are upsetting or re-traumatizing in nature.
- Give the child choices and some sense of control.
- Take care of yourself, too. If you have questions or feel as if you are “in over your head,” don’t be afraid to ask for help.

Big Brothers/Big Sisters Program614-839-2447/www.bbbscolumbus.org

- Provides children of prisoners the friendship of additional positive adult mentors who can reinforce the values and goals that you have set for your children (through the Amachi Program).
- Builds self-confidence, social competencies, and caring attitudes.
- Service areas include Franklin, Delaware, Union, Clark, Champaign & Madison Counties.

The Buckeye Ranch614-384-7798/www.buckeyeranch.org

- Full continuum of treatment services for children and families including residential and community-based programs offering individual, family and group counseling and therapy as well as home based services.
- Deaf services.
- Animal-assisted therapy.
- Prevention: Silence the Violence Curriculum and The Buckeye Ranch Film Festival.

The Center For Child & Family Advocacy614-722-8200/www.nationwidechildrens.org/ccfa

- One stop comprehensive assessment, intervention and treatment services for abused children and their families.
- Long term treatment and support for abused children and victims of domestic violence.
- A staff of over 100 multidisciplinary professionals devoted to the service needs of family violence victims and to the prevention of further violence.

CHOICES614-224-4663/www.choicescolumbus.org

- Provides 24 hr crisis and information hotline, temporary shelter, counseling and outreach for victims of domestic violence.

The Columbus Coalition Against Family Violence614-722-5985/www.ccafvl.org

- Organized around five task forces or victim “touchpoints” to create the systemic change necessary to break the cycle of family violence.
- Task forces have over 100 volunteers and include: Legal System, Health Care, Faith Community, Business Community and Victim Services.
- Our mission is to create a community culture that does not tolerate family violence.



MOUNT CARMEL
Crime & Trauma Assistance Program

“Helping Victims Reclaim Their Lives”

Over...

Directions For Youth and Families614-294-2661/www.dfyf.org

- *Children of Murdered Parents and Siblings (COMPS)* — provides home based individual, family, and group services to youth ages 7-18 who have lost a loved one to homicide.
- *Children Who Witness Violence (CWWV)/Youth Affected by Violence (YAV)*— provide home based individual, family, and group services to youth ages 7-18 who have witnessed violence in their home or community.

Franklin County Children Services (FCCS) 614-229-7000/www.franklincountyohio.gov/children_services

24 hours Monday — Sunday:

- *Intake and Investigation* — Investigation of alleged child abuse, neglect or exploitation within families or childcare facilities, school, group homes, etc.
- *Protective Services* — Emergency placement for at-risk children ages 18 and under. When appropriate, temporary placement with relatives, foster homes, residential treatment centers or group homes is coupled with services to effect family reunification.
- *Parenting Resources and Services* — Links families with community services such as parenting classes, child care and substance abuse treatment as part of Children's Services' commitment to strengthen families. Parenting tips and informational booklets on a variety of topics are also provided or available on the FCCS website.

Hope for Surviving Children of Violent Crime (HSCVC)614-325-5346

- Services are for primary caregivers (and their children) who have been the victim of a violent crime.
- Short-term emergency financial assistance.
- Information and referral.

Huckleberry House614-294-5553/www.huckhouse.org

- Emergency shelter for teens
- Individual and family counseling for children and teens (ages 6 to 18).
- Free and confidential.

IMPACT Safety614-221-2811/www.impactssafety.org

- IMPACT builds safety from the inside out.
- IMPACT teaches people of all ages and abilities the critical emotional and physical skills necessary to prevent violence, make safe choices and live with greater confidence.

Mount Carmel Crime & Trauma Assistance Program....614-234-5900/www.mountcarmelhealth.com

- Provides free individual, group counseling and advocacy services to Children and Teens affected by violence.
- Consultation and support services for those who care for them.

Mount Carmel Hospice Evergreen Center614-234-0200/www.mountcarmelhealth.com

- Family-focused grief support groups for adults and school age children.
- Grief support groups for adults.
- Community education programs and grief related topics.
- School and business outreach.
- Speaker's Bureau.

United Methodist Children's Home614-885-5020/www.umchohio.org

Wesley Family Services (a program of the United Methodist Children's Home) ..614-310-0902

- Complete continuum of Mental Health Care for children and their families.
- In-home, school and community based counseling services through Wesley Family Services.
- Residential service for ages 10 and above, residential step-down treatment programs.
- Treatment Foster Care.