



Where Do You Go For Help?

If you or your family needs help with . . .

- Making ends meet
- Having enough food
- Having a place to stay
- Safety issues
- Teen issues
- Getting family health insurance
- Getting legal help
- Getting counseling services
- Your child's development
- Your child's school performance

You are not alone. There are resources in your community that can help!

Go to www.cap4kids.org/columbus

CAP4Kids is a website that connects you with helpful resources in your community.





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