

# Elwyn's Philadelphia Resource List for Autism and Special Needs

# 2015



This listing is compiled by a network of Philadelphia professionals and families. The purpose of this guide is to share information about resources and in no manner whatsoever supports, profits or takes responsibility for the agencies, services, and individuals noted herein. This listing is updated annually by Karen Krivit at Philadelphia Elwyn.

Please submit new or updated information to [krivitk@elwyn.org](mailto:krivitk@elwyn.org), call 215-460-7725, or mail: 4025 Chestnut Street, 2<sup>nd</sup> floor, Philadelphia PA 19104.

This document, as well as other resources are available on line at <http://www.cap4kids.org/philadelphia/> under Resources as well as the Elwyn Resource Page at [www.elwyn.org/programs/seeds/](http://www.elwyn.org/programs/seeds/)

♥♥ This listing was last updated March 19, 2015 ♥♥

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PHILADELPHIA AUTISM CENTERS OF EXCELLENCE (PACE)			
1	<b>Child Guidance Resource Center</b> 2901 Island Ave 267-713-4100	19153	Insurance: MA Only. Children of all ages, comprehensive autism evaluations, assessment and treatment, wrap-around, case management, after school , summer camps, medication evaluation, parent support, social skills, Spanish staff available, PRT and Hanen, ABA
2	<b>Northeast Treatment Center (NET/PACE)</b> 499 Spring Garden St 855-ASD-PACE (855-273-7223)	19123	Insurance: MA Only-Children of all ages, comprehensive autism evaluations, assessment and treatment, wrap-around, case management, after school , summer camps, parent support, medication evaluation, Autism Parenting Skills Group, Spanish staff available Drs. Manely Ghaffari and Melissa Brand are also on staff here!
3	<b>SPIN Behavioral &amp; Developmental Services</b> 10541 Drummond Rd 855-ASD-PACE/215-612-7625	19154	Insurance: MA, Magellan, Aetna, BCBS. Personal Choice. Children of all ages, comprehensive evaluation for autism, wrap around, case management, after school, medication evaluation, ABA, parent support, summer camp, social skills , Caregiver support group open to all, Spanish staff available
PHILADELPHIA BEHAVIORAL AND DEVELOPMENTAL PROVIDERS			
4	<b>Alternative Choices</b> 319 Vine St 215-592-1333	19106	Insurance: Accepts some insurances and offer sliding scale. Info: Children of all ages, <u>evaluate for autism</u> , no evaluations for medication, no wrap around. Dr. Robert Naseef and Dr. Cindy Ariel – Psychologists. See Alternative Choices website for families and blog!
5	<b>APM</b> 4301 Rising Sun Ave 267-296-7220 3263 N. Front St 215-426-1077	19140  19122	Insurance: MA, Aetna, Keystone, United, Better Health, Coventry Care Info: Children of all ages, no autism evaluations, evaluate for medication, no wrap around services, <b>Spanish</b> Speaking Staff.
6	<b>ATA</b> 1225 Vine St 215-405-2100	19107	Insurance: MA, Aetna, Blue Cross, Delco Magellan Info: Children of all ages, no evaluation for autism, evaluate for medications, provide wrap around, sub specialize in sexual abuse cases.
7	<b>Melissa Brand,</b> Child Psychologist. 1601 Walnut St. 215-514-4610	19102	Insurance: Private Pay (also treats children at NET who have MA)., sliding scale : Children of all ages, <u>comprehensive evaluation for autism</u> , family coaching, behavioral assessment, treatment plans, Independent Educational Evaluations, does not evaluate for medication, no wrap around.
8	<b>Margot Burke</b> 822 Pine Street 215-275-8710	19102	Insurance: Private Pay, sliding fee. Children of all ages, comprehensive evaluation for autism, behavioral assessments, Independent Educational Evaluations, no medication evaluations, no wrap-around
9	<b>Carson Valley/Children's Aid</b> 7500 Germantown Ave 215-753-8111	19119	Insurance: MA Only. Info: Children of all ages, <u>evaluates for autism</u> , evaluate for medication, provide wrap around.
10	<b>CCTC (Children's Crisis Treatment Center)</b> 1080 N. Delaware Ave. 215-496-0707	19125	Insurance: MA Only. Info: Children of all ages, <u>evaluate for autism</u> , evaluate for medication, provide wrap around. <b>Spanish</b> Speaking Staff. TAMAA Program for <b>African immigrant</b> families. Offers therapeutic preschool.
11	<b>Center for Families and Relationships</b> 1600 Magee Ave 215-537-5367	19149	Insurance: MA, private pay, sliding fee. Info: Children over 4, family therapy and support, medication management, do not evaluate for autism, no wrap around.
12	<b>Center for Autism</b> 3905 Ford Rd 215-878-3400 2801 Grant Ave 215-220-2163	19131  19114	Insurance: MA, Blue Cross, Personal Choice, Keystone HP East. All evaluations at Ford Rd location. Info: Children of all ages, <u>comprehensive evaluation for autism</u> , evaluate for medication, no wrap around. Afterschool programs, therapeutic preschool, social skills.
13	<b>Centro de Services para Hispanos/JFK</b> 2742 N. 5 <sup>th</sup> St 215-427-3400	19133	Insurances: MA. Info: Children over the age of 5, no evaluation for autism, evaluate for medication, no wrap around. <b>Spanish</b> speaking staff

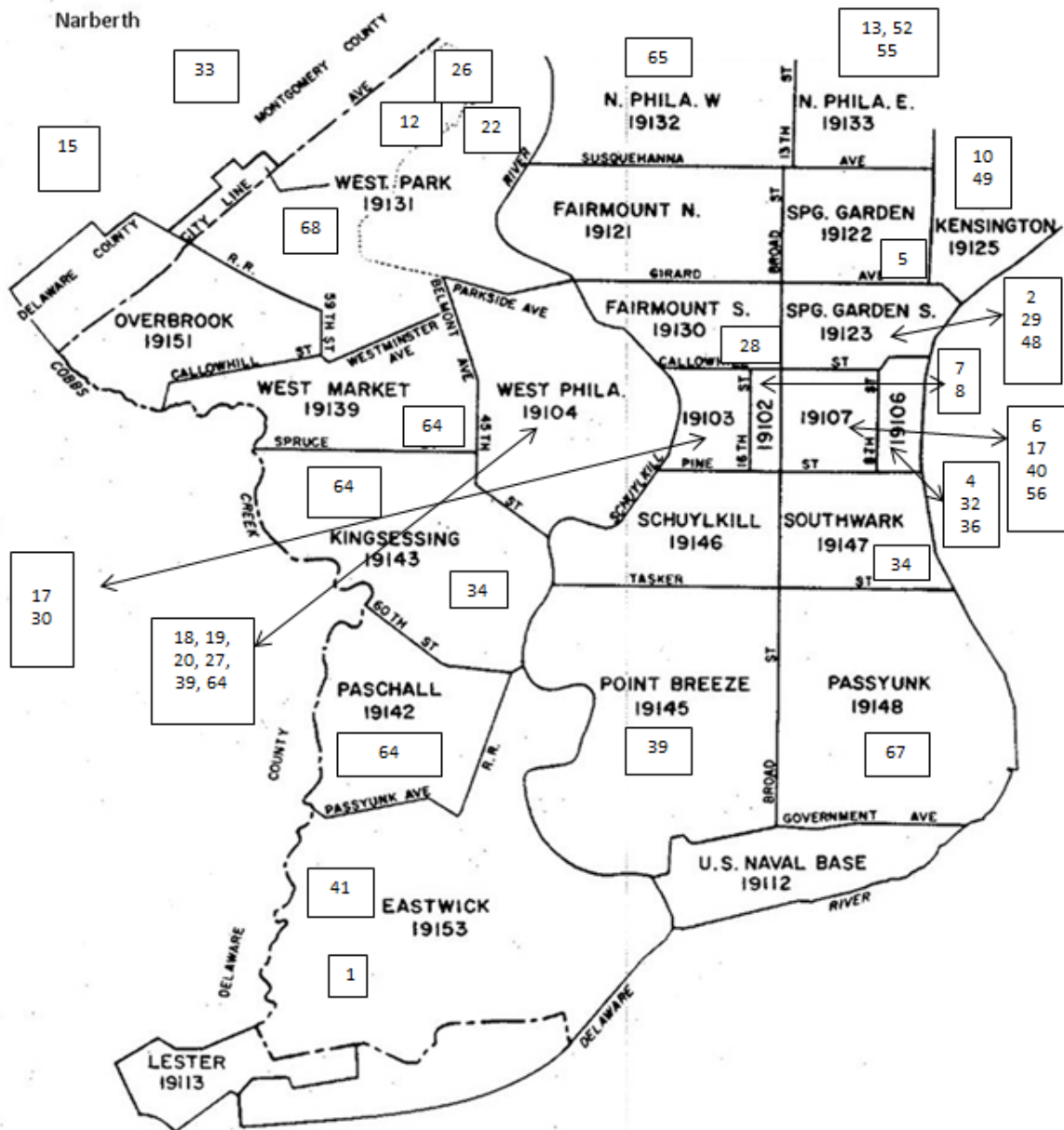
14	<b>Chestnut Hill College Psychological Services Clinic</b> 1107 Bethlehem Pike Flourtown, PA 215-233-1914	19031	Insurance: Private Pay and very reasonable Sliding Fee. Info: Children ages 6 and up, <u>comprehensive evaluation for autism</u> , psycho-ed testing and evaluations, do not evaluate for medication, no wrap around.
15	<b>Child Guidance Resource Center</b> 200 Old West Chester Pike, Havertown, PA 610-565-6000	19083	Insurance: MA, Aetna, Better Health. Children of all ages, <u>comprehensive evaluation for autism</u> , evaluate for medication, provide wrap around. Easy to get to via bus from 69 <sup>th</sup> Street.
16	<b>Children's Outreach/RHD Children's Services</b> 90 Rochelle Ave 215-508-3300	19128	Insurance: MA Only. Children of all ages, <u>evaluate for autism</u> , evaluate for medication, provide wrap around and outpatient counseling.
17	<b>Children's Services Inc.</b> 1315 Walnut St 215-546-3519	19107	Insurance: MA Only. Kids 5 and up, <u>evaluate for autism</u> , evaluate for medication, provide wrap around.
18	<b>CHOP CAR (Center for Autism Research)</b> 3535 Market St 866-570-6524	19104	FREE diagnostic evaluation if qualified for research program. Children of all ages, <u>comprehensive evaluation for autism</u> no medications, no wrap around. Provides comprehensive screenings for at-risk siblings. Provide research opportunities for children birth-12.
19	<b>CHOP Regional Autism Center</b> 3550 Market St 215-590-7500	19104	Insurance: MA, BC/BS. Children ages 0-12, <u>evaluation for autism and other developmental disabilities</u> , evaluate for medication, no wrap around <b>1 year waiting list</b>
20	<b>CHOP Outpatient Psychiatry</b> 3440 Market St 215-590-7555	19104	Insurance: Private Pay and some private insurance (NO MA). Children of all ages, <u>evaluate for autism and other disorders</u> , evaluate for medication, no wrap around.
21	<b>Clarity Services Group</b> Trevose, PA 215-322-8860	19866	Insurance: MA and some private insurance. Children of all ages, <u>evaluates for autism</u> , does not evaluate for medication, provides wrap around. <b>Spanish, Korean, and ASL</b> staff available. ABA supervised staff.
22	<b>Community Council</b> 4900 Wyalusing Ave 267-295-8850	19131	Insurance: MA, CHIP. Children of all ages, <u>evaluate for autism</u> , evaluate for medication, outpatient therapy, provide wrap around. Offers therapeutic preschool called "PFI"
23	<b>CORA Services</b> 8540 Verree Rd 215-342-7660	19111	Insurance: Aetna, Keystone, Personal Choice, no MA. Children of all ages, behavior assessments, psycho-ed testing, do not evaluate for autism, do not evaluate for medication, no wrap around
24	<b>Einstein Developmental Pediatrics</b> 5501 Old York Rd 215-456-6786	19141	Insurance: MA and all private insurance. Info: Children of all ages, <u>evaluate for autism</u> , evaluate for medication, no wrap around. Dr. Godbole, neurodevelopmental pediatrician.
25	<b>Elwyn AUTISM ONLY Wrap Around</b> 3300 Henry Ave 215-254-2093	19129	Insurance: MA Only – Not part of early intervention. Children of all ages, wrap around for children with autism only.
26	<b>Elwyn NON-AUTISM Wrap Around</b> 1 Winding Dr 215-578-3101	19131	Insurance: MA Only – Not part of Elwyn early intervention. Children of all ages, <u>evaluate for autism</u> , evaluate for medication, provide wrap around
27	<b>Elwyn Outpatient Behavioral Health</b> 4040 Market St 215-895-5588	19104	Insurance: MA Only – Not part of Elwyn early intervention. Children over the age of 5, do not evaluate for autism, evaluate for medication, no wrap around.
28	<b>Empowerment Resource Associates</b> 1822 Spring Garden St 215-564-0680	19130	Insurance: MA, Keystone HP East, Aetna, United. Children of all ages, do not evaluate for autism, evaluate for medication, no wrap around. Family based therapy
29	<b>Family Practice and Counseling Network (Drexel Family Health Services)</b> 850 N 11 <sup>th</sup> St	19123	Insurance: MA only Info: Children over the age of 5, <u>evaluate for autism</u> , evaluate for medication, no wrap around.  Primarily outpatient counseling center integrated with health clinics.

	215-769-1100  4700 Wissahickon Ave 215-843-2580  6120 Woodland Ave 267-350-5170	19144  19142	<a href="http://www.fpcn.com">www.fpcn.com</a>
30	<b>Irene Feigin,</b> Psychologist 2375 Woodward St 1600 Walnut St 215-969-2420	19114  19103	Insurance: MA , some insurances and private pay. Children ages 5 and up, do not evaluate for autism, do not evaluate for medication, no wrap around.  Speaks <b>Russian</b> .
31	<b>Foundations</b> 833 E. Butler Pk, Doyelstown 215-340-1510 Roxborough office also!	18901  19128	Insurance: MA and ACT 62 insurance. (Will accept families who are in the process of applying for MA). Children of all ages, <u>evaluates for autism</u> and wrap around Spanish and Creole spoken
32	<b>Manely Ghaffari</b> Child Psychiatrist 129 N. 4 <sup>th</sup> Street 267-702-0543	19106	Insurance: Private pay. Children of all ages, <u>evaluates for Autism</u> , evaluates for medication, no wrap around. <b>Dr. Ghaffari also sees children at Northeast Treatment Center(NET), one of the Autism Centers of Excellence with MA.</b> Also has an office in Haverford.
33	<b>Steven Glazier,</b> Psychologist 201 N. Presidential Blvd 215-782-3160	19004	Insurance: MA, private pay, sliding scale , insurance. Children of all ages, does not evaluate for medication, does not do diagnostic evals, no wrap around. Specializes in Floortime/DIR <a href="http://www.stevenglazier.com">www.stevenglazier.com</a>
34	<b>Greater Philadelphia Health Action</b> 215-831-9882 1401 S. 4 <sup>th</sup> St 4510 Frankford Ave 5501 Woodland Ave	19147 19124 19143	Insurance: MA, Bravo. Info: Age 5 and up, evaluate for autism, does evaluate for medication, no wrap around.  <b>French, Creole, and Spanish speaking staff</b> <a href="http://www.gphainc.org">www.gphainc.org</a>
35	<b>Greentree Services</b> 1196 E. Washington Lane 215-346-7253	19138	Insurance: MA Only. Info: Children of all ages, <u>evaluate for autism</u> , evaluate for medication, provides wrap around. <b>Spanish Speaking Staff.</b> No outpatient services. Not connected with the school.
36	<b>Hall Mercer</b> 245 South 8 <sup>th</sup> St 215-829-5554	19106	Insurance: MA Only. Info: Children of all ages, <u>evaluate for autism</u> , evaluate for medication, no wrap around. Dr. Zheya, (Jenny) Yu, Child Psychiatrist - <b>Chinese(Mandarin)</b> . Services available in <b>Cambodian (Khmer), Laoation, Cantonese, Fujinese, Vietnamese</b>
37	<b>Hispanic Community Counseling Services</b> 3160 Kensington Ave 215-291-8151	19134	Insurance: MA, Cigna. Info: Children of all ages, do not evaluate for autism, evaluate for medication, no wrap around. <b>Spanish Speaking Staff.</b> <a href="http://www.hccsphil.org">www.hccsphil.org</a>
38	<b>Greenridge/ INTERACT</b> 6122 Ridge Ave 215-487-1330	19128	Insurance: MA, CHIP, Keystone, BCBS, Aetna, Better Health, United. Children of all ages, <u>evaluates for autism</u> , evaluates for medication, wrap around, psycho-ed testing, PCIT: parent-child interactive therapy. <a href="http://www.intercommunityaction.org">www.intercommunityaction.org</a>
39	<b>Intercultural Family Service</b> 4254 Chestnut St 215-386-8490  2317 S 23 <sup>rd</sup> St. 215-468-4673	19104  19145	Insurance: MA only .Children ages 6 and up, do not evaluate for autism, do evaluate for medication, wrap around.  <b>Chinese, Vietnamese, Khmer, and Spanish spoken here.</b> <a href="http://www.ifsinc.org">www.ifsinc.org</a>
40	<b>Jefferson Hospital (aka Nemours Pediatrics at Jefferson)</b> 833 Chestnut St 800-416-4441 or 215-861-8800	19107	Insurance: All insurances accepted. Children of all ages up. <u>evaluates for autism</u> , does not evaluate for medication, no wrap around.  Lori Romano, PhD, child psychologist – will diagnose and follow cases as needed.
41	<b>Juvenile Justice Center</b> 100 West Coulter St 215-849-2112 2821 Island Ave 215-365-3772	19144  19153	Insurance: MA Only. Info: Children of all ages, <u>evaluate for autism</u> , evaluate for medication, provides wrap around. Spanish spoken here!
42	<b>MCC</b> 800 Clarmont Ave 267-525-7000	City Wide	Insurance: MA Only. Info: Children ages 2 ½ - 21 years old, <u>evaluate for autism</u> , medication management, providers wrap around, outpatient therapy. Primarily a wraparound agency that specializes in serving the autism and hearing impaired community.

43	<b>Eric Mitchell Psychologist 6810 Emlen St 215-844-6482</b>	19119	Insurance: No MA (will take Penn Behavioral Health) sliding fee. People of all ages, <u>comprehensive evaluation for autism</u> , family counseling around Autism issues is his specialty, no medication, no wrap around. <i>Dr. Mitchell oversees wrap around at Foundations and Center for Autism for families with MA.</i> <a href="mailto:ericmpsync@yahoo.com">ericmpsync@yahoo.com</a>
44	<b>Multicultural Wellness Center 120 W. Wyoming Ave. 215-324-8190/8192</b>	19140	Insurance: MA. Info: Children over the age of 6, <u>evaluates for autism</u> , evaluates for medication, no wrap around. <b>Spanish speaking</b>
45	<b>Ilona Naroditskiy, Licensed Counselor 267-270-5527</b>	NorthEast	Insurance: Private pay and sliding scale fee. Info: Children of all ages, supports and guides families regarding evaluations for autism, does not evaluate for medication, parent counseling and advocacy, no wrap around Email: <a href="mailto:info@sostherapyservices.com">info@sostherapyservices.com</a> DIR/Floortime. <b>Russian Speaking</b>
46	<b>Natan Nemirovsky, Psychiatrist 15000 Bustleton Ave 215-856-7140</b>	19116	Insurance: CBH approved insurance. Info: Children over the age of 5, <u>evaluate for autism</u> , evaluates for medication, no wrap around. <b>Russian Speaking Staff.</b>
47	<b><u>Northern Children Services</u> 5301 Ridge Ave 215-482-1423</b>	19128	Insurance: MA only. Children of all ages, <u>evaluate for autism</u> , psycho-ed testing, evaluate for medication, provides wrap around, outpatient and after school programs
48	<b><u>NET (Northeast Treatment Center)</u> 215-408-4944</b>	19123	Insurance: MA only. Children of all ages, comprehensive psychiatric evaluations including autism, see NET's Autism Center of Excellence. evaluates for medication, wrap around, parent support and advocacy. <b>Spanish Speaking Staff.</b>
49	<b>NHS Lehigh (Children's Reach) 256 E. Lehigh Ave 215-427-1500</b>	19125	Insurance: MA. Children of all ages, DO NOT evaluate for autism, evaluates for medication, wrap around. <b>Spanish Speaking Staff</b>
50	<b>Northwest Human Services 27 E. Mt Airy Ave 215-248-6700</b>	19119	Insurance: MA Only. Info: Children of all ages, <u>evaluates for autism</u> , evaluates for medication, no wrap around.
51	<b>Northwestern Human Services – Physicians Group 11082 Knights Rd 215-632-9040</b>	19154	Insurance: MA, Keystone, Coventry, United, Aetna. Info: Children over the age of 5, <u>evaluates for autism</u> , evaluates for medication, no wrap around.
52	<b>Nueva Vida 112 E Allegheny Ave 215-291-1250  3169 N. 5<sup>th</sup> St 215-426-9680 618 W. Lehigh Ave 215-229-0956/8857</b>	19140  19133 19133	Insurance: MA. Info: Children of all ages, <u>evaluates for autism</u> , evaluates for medication, outpatient therapy, family therapy, no wrap around. <b>Spanish Speaking Staff.</b>
53	<b>PA Mentor 10601 Decatur Rd 215-612-8200</b>	19154	Insurance: MA Only. Ages 3-21, <u>evaluate for autism</u> , provides wrap around, does not evaluate for medication, <b>Spanish speaking staff</b>
54	<b>PAHrtners 215-884-9770</b>	City Wide	Insurance: All insurances. For children of all ages who have hearing impairments who need behavioral therapy and evaluations only (including children with autism – must have hearing impairment in addition). <u>Evaluates for autism</u> and medication, wrap around.
55	<b>Pan American Counseling 4519 N. 5<sup>th</sup> St 215-457-1620</b>	19133	Insurance: MA. Info: Children over the age of 5, <u>evaluate for autism</u> , will evaluate for medication, no wrap around. <b>Spanish, Arabic, French, Creole speaking staff.</b>
56	<b><u>Philadelphia MH Center</u> 1235 Pine St 215-735-7068/9379</b>	19107	Insurance: MA. Children of all ages, <u>evaluate for autism</u> , evaluates for medication, psycho-ed testing, wrap around, outpatient and school based therapy. After school program for ages 7-12 with autism. <b>Spanish Speaking Staff.</b>
57	<b><u>Progressions</u> 3300 Henry Ave 215-924-0684 4610 Street Rd, Trevose, PA</b>	19129  19053	Insurance: MA and private insurance. Info: Children of all ages, <u>evaluate for autism</u> , evaluates for medication, provides wrap around, outpatient services. School based therapy, accept the adult autism waiver. <b>Arabic, Spanish, speaking staff</b>

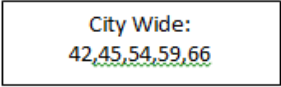
58	<b>Michael Schuman,</b> Psychologist 1730 Welsh Rd 215-552-8101	19115	Insurance: MA, Aetna, Keystone, BC/BS. Children of all ages, <u>evaluates for autism</u> , psycho-ed testing, Independent Educational Evaluations, no evaluations for medication, no wrap around.
59	<b>SPARC Southeastern PA Autism Resources at West Chester University</b> 610-430-5678	City Wide	Insurance: Most private accepted! Children of all ages, <u>comprehensive evaluation for all behavioral needs including autism</u> , psycho-ed testing, social skills, provide behavioral training and consultation at home or school, specialize in feeding issues and self injury. <b>Dr. Jennifer Dawson Psychologist</b> <a href="mailto:sparc@sparcwc.org">sparc@sparcwc.org</a>
60	<b>SPIN Behavioral and Developmental Services</b> 10541 Drummond Road 215-612-7625	19154	Insurances: Accepts most private insurances and Medical Assistance. Info: Children of all ages; evaluates for autism; evaluates for medications; wrap around; case management; outpatient and social skills treatment group; therapeutic summer camp.
61	<b>SRI Psychological Services</b> 2824 Cottman Ave 215-885-3337	19149	Insurance: CHIP, Aetna, (No MA). Children of all ages, out patient, psycho-ed testing, evaluates for medication, does not evaluate for autism, no wrap around.
62	<b>St. Christopher's Hospital for Children</b> 160 E. Erie Ave 215-427-5531	19134	Insurance: MA and all insurances. Children of all ages, <u>comprehensive evaluation for autism and other developmental disabilities</u> , evaluates for medication, no wrap around. Drs. Maureen Fee and Beth Parrish, Neurodevelopmental Pediatricians. <b>1 year waiting list.</b>
63	<b>Tree of Life</b> 7040 Castor Ave 215-533-5433	19149	Insurance: MA. Age 3 and up, no evaluation for autism, evaluation for medication, no wrap around, outpt therapy <b>Spanish, Portuguese, Arabic, and Russian, French Creole Speaking Staff.</b>
64	<b>The Village</b> (formerly Presbyterian Children's Village) 6512 Chester Ave 610-525-6517 5548 Chestnut St (at FSS) 1739-41 S. 54 <sup>th</sup> St (at Family School)	19142 19139 19143	Insurance: MA. Children of all ages, <u>evaluates for autism</u> and other behavioral needs, evaluates for medication, no wrap around, play therapy including PCIT (parent child interactive therapy) , trauma therapy, and behavior management.
65	<b>Warren E. Smith</b> 1315 Windrim Ave 215-455-3900 2514 N. Broad St 215-226-7100	19141 19132	Insurance: MA. Children of all ages, <u>evaluate for autism</u> , evaluates for medication, provides wrap around. <b>Vietnamese/Mandarin speaking therapist</b> <a href="http://www.drwes.org">www.drwes.org</a>
66	<b>Arlene Wallace, Ed.D</b> 215-407-3442	City Wide	insurance: MA. Info: Children all ages, no wrap around, no medications. Community, school and home based Autism behavior consulting only. <a href="mailto:Arlenewallace4483@gmail.com">Arlenewallace4483@gmail.com</a>
67	<b>Wedge Recovery</b> 4913 N. Broad St 215-329-3200 1939 S. Juniper St 215-271-5822 6701 N. Broad St 215-276-3922	19141 19148 19126	Insurance: MA. Info: Children of all ages, <u>evaluates for autism</u> , evaluates for medication, no wrap around. <b>Vietnamese</b> speaking case worker and counselor.
68	<b>Wordsworth Services</b> 3905 Ford Rd 215-643-5400	19131	Insurance: MA. Children over 5, <u>evaluates for autism</u> , no evaluation for medication, provides wrap around.
69	<b>Jewish Family and Childrens</b> <b>10125 Verree Road</b> 267-202-4880	19116	Insurance: Private pay only at this time. Children of all ages. Evaluates for Autism. Psycho-ed testing, no medications, no wrap-around. Case management available. <a href="http://unbouncepages.com/jfcs-evaluations/">http://unbouncepages.com/jfcs-evaluations/</a>

PHILADELPHIA BEHAVIORAL AND DEVELOPMENTAL AGENCIES  
SOUTH SIDE



City Wide:  
42,45,54,59,66

PHILADELPHIA BEHAVIORAL AND DEVELOPMENTAL AGENCIES  
NORTH SIDE





## **Inpatient Psychiatric and Crisis Units**

### **Foundations**

Doylestown, PA 215-340-1500, No CBH , private insurance, special ASD Unit children ages 5 and up.

### **Devereux**

Malvern, PA 800-935-6789. Takes CBH and private insurance, children 5-18 only, no adults. Specific training for ASD.

### **Melmark**

Berwyn, PA has a residential unit , specific training for ASD, some CBH and private insurance, case by case. call 610-325-2937

### **Brook Glen**

Ft. Washington, PA 215-641-5404, Takes CBH and private insurance, children 13 and up, children with ASD must be high functioning enough to participate in group sessions. No ASD specific programming.

### **Belmont Hospital**

4200 Monument Rd, 19131, 215-877-2000, takes CBH and private insurance, takes kids 5 and up. No ASD-specific programming. People with ASD must be high functioning enough to participate in groups.

### **Friends Hospital**

4641 Roosevelt Blvd, 19124, 215-831-2600, take CBH and private, kids ages 13 and up, No ASD-specific programming takes people with ASD but must be high functioning to participate in groups.

### **Horsham Clinic**

Horsham PA 215-643-7800, takes CBH, No ASD specific programming, takes high functioning children with ASD starting at age 5.

### **Fairmount Hospital**

561 Fairmount Ave, Phila, 19128, 215-487-4100, takes CBH and private insurance, ages 5 and up, No ASD-specific programming, take kids with ASD if high functioning and can participate in groups

### **Stepping Stones**

An inpatient psychiatric day program for 6-11 year olds. No Autism. 215-849-4300.

### **Einstein Crisis Response Unit at Germantown Hospital**

24 hour emergency psychiatric hospitalization for children. 215-951-8300, 1 Penn Blvd., 19144.

### **Philadelphia Office of Intellectual Disabilities Service**

**Emergency: 215-829-5709** (Hall-Mercer 24 Hour Adult Unit, they take people ages 18 and up)

#### **Therapeutic Preschool Programs**

The Center for Autism [www.thecenterforautism.org](http://www.thecenterforautism.org) [info@thecenterforautism.org](mailto:info@thecenterforautism.org) 215-878-3400  
Full-Day and Half-Day Preschool: 2-5 yrs. and After School Social Competency Program for children 6-15 yrs. Child must have Medical Assistance. Two locations: 3905 Ford Road, 19131 and 2801 Grant Avenue, 19114.

Children's Crisis Treatment Center (CCTC) 215-496-0707 (Ages 2 ½-5 with significant social/emotional behavioral challenges)

Community Council Therapeutic Preschool (PFI) 215-278-2390 1241 N. Taney St, 19121 (Ages 2.9 -5 with significant social/emotional and behavioral needs)

Hall Mercer Therapeutic Preschool - 215-829-5557 (Ages 3-5 with behavioral disorders and emotional and social difficulties)

Northwestern Human Services (NHS/Parent and Children Together (PACT))/Children's Reach - 215-427-1500

## **Education – Early Intervention – Therapy**

There are three agencies that provide free special education and therapy services for children in the city of Philadelphia. They are organized by the ages they serve.

For children outside of Philadelphia, call CONNECT at 1-800-692-7288.

**Childlink:** For children ages 0-3. Located at 1500 Market St, 14<sup>th</sup> floor.

Intake: 215-685-4646. Services: 215-731-2110

**Elwyn SEEDS:** For children ages 3-5. [www.elwyn.org/program/seeds/](http://www.elwyn.org/program/seeds/)

Developmental assessment, coordination and services for children 2.6-5 years old.

Intake and new referrals: 4025 Chestnut Street: 215-222-8054

Service coordination: 4040 Market Street: 215-921-7164. Visit the website to find a completed listing of the service coordination staff.

Parent Partners 215-222-4181 : parents who have children in the Elwyn system who can provide guidance and support to other parents.

**\*Elwyn Seeds completes evaluations to determine if children are eligible to receive preschool special education services.**

**Philadelphia School District: Ages 5-21 years.** <http://www.phila.k12.pa.us/>

440 N. Broad Street Philadelphia, PA 19130, 215-400-4000

Every neighborhood school has a Special Education Liaison (SEL) who will work with you when you enter the school district of Philadelphia. Call 215-400-4170 to determine your school and special education liaison (SEL).

Autism Coordinator: Judy Anderson 215-400-6310

Charter Schools: Michael Andrews 215-400- 6086.

### **The School District of Philadelphia Office of Family and Community Engagement**

Student placement, wrap-around, after school programs, supports for multilingual families, ESL classes, information and referrals for mental health supports, and emergency family needs, all services are free.

Located at 440 N. Broad St. 1<sup>st</sup> Floor, 215-400-4180

**(ASERT)**Autism Services, Education, Resources, & Training Collaborative [www.paautism.org](http://www.paautism.org)

Resource Center Phone: 877-231-4244 [info@paautism.org](mailto:info@paautism.org) The ASERT provides FREE information, training, and support about autism for any age or location within Pennsylvania ( in Spanish too!)

**Temple Institute on Disabilities: Families First** Cathy Roccia-Meier [215-204-1772](tel:215-204-1772) [cathyrm@temple.edu](mailto:cathyrm@temple.edu) FREE training for families with children who receive Early Intervention Services. Workshops cover the basics of Early Intervention and more. English and Spanish!

## **Intellectual DisAbilities Services (IDS)**

(Formally Mental Retardation Services/MR services)

<http://dbhids.org/providers-seeking-information/intellectual-disability-services-ids/>

(215) 685-5900 (main number)

701 Market Street, Suite 5200

Philadelphia PA 19106

*IDS offers a variety of outpatient services for children with either a diagnosis of Intellectual Disability, or a 50% delay in cognition, or an IQ score of 70 or below. If a child qualifies, s/he is eligible for **Family Driven Support Service (FDSS)** Funds. A family must apply on behalf of their child through the Central Office intake number and if s/he qualifies, then the family can receive services through one of the five centers listed below.*

**If you are a parent or family member of a person receiving IDS in Philadelphia and looking to get support, resources, and information your area, please contact Vision for Equality at 215-923-3349.**

## **Philadelphia Special Needs/Autism Resources and Training**

### **ASERT Philadelphia Autism Community Training Partnership**

**FREE** customized trainings for organizations and agencies in Philadelphia including day cares, clinics, schools, parent groups, faith-based organizations, and private and public agencies. Topics include:

What is Autism?: How is Autism diagnosed? Is there an increase in Autism? Where can I get more information about Autism?

Getting Help: How can I help a person with autism? What are the therapies for Autism? How can I help a family who has a child or an adult with Autism?

Understanding Autism: How can our agency help with challenging behaviors? How can our organizations provide the best supports for accommodating people with Autism?

**If you organization or agency is interested in requesting a training please visit:**

<http://drexel.edu/autisminstitute/education-training/community-training/>

**Temple Institute on Disabilities: Families First** Cathy Roccia-Meier [215-204-1772](tel:215-204-1772) [cathyrm@temple.edu](mailto:cathyrm@temple.edu) FREE training for families with children who receive Early Intervention Services. Workshops cover the basics of Early Intervention and more. English and Spanish!

**PATTAN (Pennsylvania Training and Technical Assistance Network)** [www.pattan.net](http://www.pattan.net) 800-441-3215  
FREE training and resources related to children with Special Needs, open to parents and professionals. Many professional videos about technical teaching and therapy methods.

**Temple Institute on Disabilities** [www.disabilities.temple.edu](http://www.disabilities.temple.edu)

Free trainings for any PA resident on a variety of topics: parent advocacy, assistive tech( see PIAT below), criminal justice and disabilities, employment

**-Pennsylvania's Initiative on Assistive Technology (PIAT)**

PIAT provides information, assessment and trainings for people who would benefit from Assistive Technology (AT). This program allows you to try a device for a limited time to be sure it meets your needs. PIAT also operates a program which offers ways for people to obtain, donate, recycle or sell AT equipment such as iPads and SmartPhones. Visit

<http://disabilities.temple.edu/tech/> or email to [ATinfo@temple.edu](mailto:ATinfo@temple.edu).

**ABOARD Autism Connection of PA** [www.autism-support.org](http://www.autism-support.org) 800-827-9385

The is a statewide agency although based in Western PA, they offer wonderful information on their website including facts and research about autism, resources, info about apps for children with special needs as well as an Autism glossary to better understand abbreviations, you can sign up for their email newsletter too.

**Pennsylvania's Education for All Coalition "PEAC"** [www.paedforall.org](http://www.paedforall.org) 267-232-0570 [info@paedforall.org](mailto:info@paedforall.org)

Free consultation for schools, programs and families related to inclusion options for children with disabilities.

**Philadelphia Interagency Coordinating Council (PICC) for families with children ages 0-5**

A collaborative partnership between families Early Intervention Providers and Early Childhood Community Agencies offering support, information, trainings special events and advocacy for the families of children 0-5 years old. Twitter!215-731-2464 [philadelphiaicc.org](http://philadelphiaicc.org) or [philadelphiaicc@yahoo.com](mailto:philadelphiaicc@yahoo.com)

**Philadelphia Autism Network** <http://www.elwyn.org/program/seeds>

Free monthly trainings on practical issues such as behavior, toileting and language development, free childcare, no registration. Contact Karen Krivit 215-460-7725 or [krivitk@elwyn.org](mailto:krivitk@elwyn.org)

Other Elwyn trainings (most open to the public!): [www.solutionwhere.com/elwyn](http://www.solutionwhere.com/elwyn)

**Next Steps Trainings from CHOP**

Low cost 1-day workshops: Next Steps After Getting a Diagnosis of ASD and Next Steps Into Adolescence. Workshops are intended for family and professionals. Gail Stein at 267-426-4910 or [steing1@email.chop.edu](mailto:steing1@email.chop.edu).

## Websites for Free Educational and Therapy Tools

[www.realllookautism.com/other-videos/](http://www.realllookautism.com/other-videos/)

BEST videos for how to manage everyday things using tools and behavioral methods for children with a variety of disabilities, including Autism

**Familia, Familia Series:** 4 short videos in Spanish with English subtitles that demonstrate techniques about how to manage tantrums, eating and sleeping problems and toilet training

Search "realmoviesforrealamilies" on Facebook or YouTube <https://www.facebook.com/realmoviesforrealamilies>

[www.jacobslessons.com](http://www.jacobslessons.com) - ABA tools

<http://trainland.tripod.com/pecs.htm> - Links you to free picture cards and shows you how to make your own pictures and schedules

[www.speakingofspeech.com](http://www.speakingofspeech.com) - Free downloads for communication books, social skills, social stories and IEP goals. A great site for teachers and therapists!

<http://sensorysmarts.com> - Ideas on how to develop sensory routines/activities within your household without buying things. Also good info on haircuts, winter weather activities, etc.

[www.do2learn.com](http://www.do2learn.com) Free picture schedules and activity ideas for all disabilities.

[www.cindysautisticsupport.com](http://www.cindysautisticsupport.com) - Tons of free stuff to download for both clinicians and families. The website of an over the top amazing AS teacher that has become a bounty of constant great info for many of us

<http://jillkuzma.wordpress.com/> - Jill Kuzma's (SLP) - Social-emotional skills sharing site. Tons of great free resources for language, social skills and behavior including great YouTube reference sites.

[www.snagglebox.com](http://www.snagglebox.com) - wonderful website for families and professionals with useful tools and articles about dealing with everyday things that are affected by living with Autism.

***One Place For Special Needs*** [www.oneplaceforspecialneeds.com](http://www.oneplaceforspecialneeds.com)

Excellent site for advice about a variety of special needs for parents and professionals. Tips on homework, vacation, how to make picture schedules at home cheaply, and even how to manage haircuts! Free monthly newsletter Signing on is required, but otherwise FREE.

***Wondering about apps for a child with Autism or Special Needs?***

No matter what the disability is, the best place to find out about apps is on the Autism Speaks webpage:

[www.autismspeaks.org/autism-apps](http://www.autismspeaks.org/autism-apps)

***Addressing the Bilingual Myth – When a child has a language delay, do families stop speaking their native language?***

<http://www.youtube.com/watch?v=SNRqJo9niFY>

***Welcome Here Parenting Information – Handouts in 16 different languages!!***

<http://www.welcomehere.ca/index.cfm?fuseaction=page.viewpage&pageid=1099&stopRedirect=1>

Many helpful resources and printable handouts for professionals and families including visual supports ,toilet training and sleep.

**Autism Expressed** [www.autismexpressed.com/](http://www.autismexpressed.com/)

Web-based program teaching digital skills to students with ASD. Great for teachers too!

## **Childcare and Preschool**

(Elwyn does not endorse any of the groups or agencies listed herein.

The purpose of this listing is to provide information about resources in the community only)

### **Child Care Information Services (CCIS)** [www.philadelphiachildcare.org](http://www.philadelphiachildcare.org) 1-888-461-KIDS

This agency helps families locate preschools, camp and childcare and afterschool programs in their community as well as assisting with obtaining subsidized childcare .

### **PA Regional Keys** 267-773-4400

[www.seregionalkey.org](http://www.seregionalkey.org)

Find childcare centers by zip code that are registered and rated!

### **Prekindergarten Head Start** 215-400-4270 (3-5 year olds)

[www.phila.k12.pa.us](http://www.phila.k12.pa.us) (search: "headstart")

Preschool for 3-5 years old.; free to eligible low-income families. Special Needs Coordinators assist with the educational needs of disabled children in this setting.

### **Other Head Start programs (3-5 year olds)**

**Acelero, Inc:** 2 sites. Call 215-235-3198

**APM Head Start:** Call 215-763-1040

**Gateway Community Action:** 215-728-2212

**Learning Tree Head Start:** 14 sites. Call 215-471-9782.

**Norris Square:** 8 sites. Call 215-634-2251

### **Bright Futures Preschools** 215-400-4270 (3-5 year olds)

[www.phila.k12.pa.us](http://www.phila.k12.pa.us) (search: "Bright futures")

Bright Futures PreK's follow the school day and school year schedule and provide education to those children who are three or four years old by September 1st. There are 38 programs held in community elementary schools. Not limited to low-income families.

### **Early Head Start (0-3 year olds)**

**Gateway Community Action:** 215-728-2212 (home-based)

**The Health Federation of Philadelphia** : 215-223-5200 (home-based)

**Maternity Care Coalition** : 215-551-6330. (Home and center based childcare)

**CHOP Early HeadStart:** 267-425-9900 (home-based)

**Frankie's World** [www.frankiesworlddaycare.com](http://www.frankiesworlddaycare.com) 215-763-0151 1011 Poplar Street 19123

Child care ages 0-21, pre-k/headstart for medically fragile children who have skilled nursing needs 5 days a week (some Saturdays available) from 7 a.m.-7 p.m. Transportation provided.

**Lauren's House** [www.pediatricc.com](http://www.pediatricc.com) 1318 West Clearfield St., 19132 (888) 340-9430

Child care for medically fragile children ages 0-21, open 7am-7pm Monday-Saturday.

**Pediatrica** [www.pediatrickids.com](http://www.pediatrickids.com) 215-376-6801 8101 Washington Lane Wyncote PA 19095

Childcare for medically fragile children (ages 0-7) needing skilled nursing care Monday-Friday, 6:30am-6:30pm. Transportation provided.

## **After School Programs**

### **Philadelphia Autism Centers of Excellence (PACE)** 1-855-ASD-PACE

PACE provides an array of services for children and their families including after school program. Three locations:

SPIN – 215-612-7625. Located at 10980 Norcom Rd., 19154 (Opening Fall 2014)

NET (Northeast Treatment Center) – 215-238-1426 ext: 1. 458 N. 2<sup>nd</sup> Street (near Spring Garden) 19123

Child Guidance Resource Center - 267-713-4100. Located at 2901 Island Ave, 19153

### **The Center for Autism** [www.thecenterforautism.org](http://www.thecenterforautism.org)

Social Competency Program for children 6-15 yrs. old (M-Th, 5-7pm). After school programs offered at both CFA sites. Call 215-878-3400 or email [info@thecenterforautism.org](mailto:info@thecenterforautism.org). **MA ONLY**

### **Philadelphia Mental Health Center (PMHC) MA ONLY** [www.pmhc.org](http://www.pmhc.org)

For children ages 6-12 with Autism - 3:1 child to adult ratio, sports including swimming. Located at 10100 Jamison Ave, 19116. Call 215-677-4314 :Anthony Russo, ext: 103 or Damaris Torres, ext 100.

### **The Variety Club** [www.varietyclub.org](http://www.varietyclub.org)

For children ages 6-21 from 3-6 p.m. Located throughout the city. Contact Kiana Berry 215- 735-0803 ext. 19

### **The Kinney Center of St. Joseph's University** [kinneyautism@sju.edu](mailto:kinneyautism@sju.edu) or 610-660-2170

Afterschool Social Skills Program – Class time and days vary by age (ages 3-22). Cost is \$325.

### **YMCA** <http://www.philaymca.org/>

Columbia North:1400 N. Broad St. 19121, 215-235-6440

Roxborough:7201 Ridge Ave 19128 215-482-3900

Christian St:1724 Christian St. 19146, 215-735-5800

West Philly:5120 Chestnut St. 19139, 215-476-2700

Northeast Family: 11088 Knights Rd., 19154, 215-632-1484

**The YMCA is now accepting some insurance to cover registration and monthly fee payments!!**

### **West Phila. Parents of Autistic Children**

New After School Programs! Located at 6050 Market St. Contact Roberta Bellamy 267-231-4120 or 215-472-2764 or [westphilapacs@gmail.com](mailto:westphilapacs@gmail.com)

### **Temple University Intergenerational Center**

Grandma's Kids – Afterschool program for children living in kinship care offering homework help, trips and events. Please contact Joy Woods Jones, Program Direct, 215-204-3105

### **Child Care Information Services (CCIS)** [www.philadelphiachildcare.org](http://www.philadelphiachildcare.org) 1-888-461-KIDS

This agency helps families locate preschools, camp and childcare and afterschool programs in their community as well as assisting with obtaining subsidized childcare .

## **Information and Resources**

(Elwyn does not endorse any of the groups or agencies listed herein.  
The purpose of this listing is to provide information about resources in the community only)

### **AUTISM "Warm" LINES**

**Autism Society of America/Philadelphia:** 610-358-5256

**PA ASERT** (Autism Services Education, Resource and Training) **Autism Resource Specialist:** 877-231-4244

**Autism Speaks Autism Response:** 888-288-4762

### **The CHOP Center for Autism Research Autism Road Map**

<https://carautismroadmap.org/>

Web-based Information and resources for children, youth, adults and families about Autism

### **Autism Speaks**

[www.autismspeaks.org](http://www.autismspeaks.org) 1888-AUTISM2 (1888-288-4762)

"First 100 Days Kit" For families of children who are diagnosed with autism. Available in SPANISH as well!

Want to see what autism looks like at different ages and stages? **Visit the autism video glossary!**

### **Raising Children Network ~ The Australian Parenting Website**

[http://raisingchildren.net.au/children\\_with\\_autism\\_videos.html](http://raisingchildren.net.au/children_with_autism_videos.html)

Australian website features diverse families (including Dads!) sharing their stories. Short videos such as "Telling Others About the Diagnosis" and "What About the Sibling?" Many other special needs videos!

### **Kennedy Krieger Institute – Early Signs of Autism Videos**

<http://www.kennedykrieger.org/overview/news/online-video-to-help-physicians-parents-recognize-early-signs-of-autism> Professional training series showing 1-4 year old children with and without autism.

### **Autism Society of America/ Greater Philadelphia Chapter ASA**

[www.asaphilly.org](http://www.asaphilly.org) [asa-info@comcast.net](mailto:asa-info@comcast.net) [asaphilly.org/index.php](http://asaphilly.org/index.php)

A resource for local and national events and information.

### **Philadelphia Interagency Coordinating Council (PICC) for families with children ages 0-5**

A collaborative partnership between families Early Intervention Providers and Early Childhood Community Agencies offering support, information, trainings special events and advocacy for the families of children 0-5 years old. Twitter! 215-731-2464 [philadelphiaicc.org](http://philadelphiaicc.org) or [philadelphiaicc@yahoo.com](mailto:philadelphiaicc@yahoo.com)

### **(ASERT) Autism Services, Education, Resources, & Training Collaborative**

[www.paautism.org](http://www.paautism.org) Resource Center Phone: 877-231-4244 [info@paautism.org](mailto:info@paautism.org) FREE Statewide Resource Center allows families, individuals with autism, and professionals to contact a live person Monday - Friday from 8:00 a.m. - 5:00 p.m. in English or Spanish. Go online for resources, events, information, news and trainings.

### **PA Bureau of Autism Services** [www.autisminpa.org](http://www.autisminpa.org) 1-866-497-6898

Excellent website for benefits and legal issues related to Autism in the state such as information about ACT 62 and the Adult Autism Waiver program. <http://www.dhs.state.pa.us/fordisabilityservices/autismservices/index.htm>

### **ASCEND** [www.ascendgroup.org](http://www.ascendgroup.org) 610-664-6776

Support, information, resources, and advocacy for Asperger's Syndrome (high-functioning Autism).

### **One Place For Special Needs** [www.oneplaceforspecialneeds.com](http://www.oneplaceforspecialneeds.com)

Excellent place to find advice about a variety of special needs such as parenting and toilet training, homework, vacation, and even haircuts! Signing on is required, but otherwise FREE.

### **Autism Inclusion Resources** [www.autismir.com](http://www.autismir.com)

Directed at helping families with children with special needs to have greater access to positive experiences including air travel. AutismIR.com also provides trainings for companies and clinicians. Created by Dr. Wendy Ross.

**(Information and Resources Continued from previous page)**

**Autism and Asperger's Digest Magazine** <http://autismdigest.com/>

Family friendly articles. Available through iPhone/Android Apps, email or kindle. Small yearly fee.

**La Salle University LADDER program** (LaSalle Autism and Developmental Disabilities Educational Resources)

<http://www.lasalle.edu/autismladdercenter/> 215-951-1042

Workshops and support for families and also college students wanting to specialize in Autism therapies.

**Autism Sharing and Parenting List-serve** <http://www.autismsharingandparenting.org/>

List-serve compiled by Cathy Roccia-Meier - [crocmei11@gmail.com](mailto:crocmei11@gmail.com) - gives weekly up-to-date info on local and state Autism events. Sign up so you don't miss anything! Also has a Facebook Group!

**Special Families Guide List-serve** <http://alternativechoices.com>

Monthly bulletins that are very helpful to families coping with a child with any special need. Email Dr. Robert Naseef at [RNaseef@alternativechoices.com](mailto:RNaseef@alternativechoices.com)

**CAP4KIDS** [www.cap4kids.org/philadelphia](http://www.cap4kids.org/philadelphia)

Local resources for families including camps, childcare and dentists. Also offers copies of a screening tool for Autism called the MCHAT. The information on this website can be available in many languages.

**A Teens Guide to Autism** video: very helpful 12 minute video, shows how it feels to have Autism and also offers great advice about how to help and support a peer with Autism.

<https://www.youtube.com/watch?v=p9-l19CKISg>

**Temple Grandin's** website: Temple Grandin is a woman who has had an extraordinary life, which includes having Autism. Her website, film, books and story offers guidance, skills and inspiration to families and individuals alike.

<http://www.templegrandin.com/>

**Family Video Series:** Real Movies For Real Families. You Tube and Facebook, see: "realmoviesforrealfamilies"

"Autism for Asian Families" available in 7 different languages.

"¡Familia, Familia!" : Spanish with English subtitles: 4 short videos about how to manage tantrum, eating, sleeping and toileting for all children.

Coming this year: "Autism for African American Families" "Autism for Latino Families" and "Autism: How to Tell (for families and professionals)"

[https://www.youtube.com/channel/UCVtUXrRRBohcQahB-\\_Ft6uA](https://www.youtube.com/channel/UCVtUXrRRBohcQahB-_Ft6uA)

<https://www.facebook.com/realmoviesforrealfamilies>

**Temple Institute on Disabilities: Families First** Cathy Roccia-Meier [215-204-1772](tel:215-204-1772) [cathyrm@temple.edu](mailto:cathyrm@temple.edu) FREE training for families with children who receive Early Intervention Services. Workshops cover the basics of Early Intervention and more. English and Spanish!



## **Advocacy**

### **Office of Maternal, Child and Family Health Special Healthcare Needs Parent Advocacy**

Kheli Muhammad: 215-685-5246 email: kheli.muhammad@phila.gov

### **Parents Involved Network (PIN)** 1211 Chestnut St. 19107 267-507-3860

Assists parents or caregivers of children and adolescents with emotional and behavioral needs. Information, resources support services and advocacy. Spanish speaking staff.

### **Parents Exchange** pex.tripod.com 610-962-0337

Referral and advocacy for parents and caregivers of children with disabilities.

### **The Arc of Philadelphia** 2350 W. Westmoreland St., 19140 215-229-4550 [www.arcpddc.org](http://www.arcpddc.org)

Training, information and referral support to people with disabilities and their families.

### **Vision For Equality, Inc** 718 Arch St. 6N 19106 267-773-5296 [www.visionforequality.org](http://www.visionforequality.org)

Advocacy and mentorship for families of children with disabilities also provide trainings on a multitude of topics related to disabilities. Spanish speaking staff: Marisol Ramos 267-777-1291 [Jr.ramos@juno.com](mailto:Jr.ramos@juno.com)

### **Pennsylvania's Education for All Coalition ("PEAC")** [www.paedforall.org/](http://www.paedforall.org/) [info@paedforall.org](mailto:info@paedforall.org)

Free consultation and advocacy for schools, programs and families related to supporting inclusion options for children with disabilities. Call 267-232-0570. Advocate will attend IEP meetings with families.

### **PEAL Center** (Parent Education Advocacy Leadership) Diane Perry [dperry@pealcenter.org](mailto:dperry@pealcenter.org) 866-950-1040

Information, parent support and technical assistance for people with disabilities and special healthcare needs and the individuals and families who support them. [www.pealcenter.org](http://www.pealcenter.org)

### **Tools for Meeting Life's Challenges:** [www.toolsmlc.org](http://www.toolsmlc.org) 866-594-8362 [jscullin@toolsmlc.org](mailto:jscullin@toolsmlc.org)

Joe Scullin, one of this area's leading experts on disability advocacy has created this educational non-profit organization that provides resources, support and advocacy, in-person and online, to empower people with disabilities, their families and allies to lead self-determined lives. Information about education, finances and benefits. Free

### **Parents Organized on Education** [westphilapacs@gmail.com](mailto:westphilapacs@gmail.com)

Guidance, support, advocacy for families with Special Needs Children ~ Contact: Roberta Bellamy 267-231-4120/

### **Disabilities Rights Network of PA** [www.drnpa.org](http://www.drnpa.org) 215-238-8070

### **Pennsylvania Health Law Project** [www.phlp.org](http://www.phlp.org)

123 Chestnut St. 19106 1-800-274-3258 215- 625-3663. Spanish speaking staff.

### **PA Education Law Center** [www.elc-pa.org](http://www.elc-pa.org) 1315 Walnut Street 19107 1-800-692-7443

(Disabilities Rights Network) Information only—For special education info please call Disability Rights Network)

## **Research and Treatment**

What does the research say about Autism? How can I find out what's REAL science and not hype? How can my family participate in Autism research in my community. What are the treatments that have science behind them for Autism?

**The Official MCHAT Website:** [www.mchatscreen.com](http://www.mchatscreen.com)

The MCHAT is a 20-question screening tool that can be used to determine whether a child may be at-risk for autism and need further testing. The MCHAT is FREE and is available in over 30 languages it can be used for children as young as 6 months.

**Autism Speaks Video Glossary** <http://www.autismspeaks.org/what-autism/video-glossary>

Videos of many types of therapies in action so you can SEE what they LOOK like! This website also has videos of children at various ages and skill level who demonstrate some of the signs of Autism. Free but log in is required.

**Kennedy Krieger Institute – Early Signs of Autism Videos**

<http://www.kennedykrieger.org/overview/news/online-video-to-help-physicians-parents-recognize-early-signs-of-autism>

Professional training series showing 1-4 year old children with and without autism.

**Drexel Autism Institute** [www.drexel.edu/autisminstitute](http://www.drexel.edu/autisminstitute)

Families can explore opportunities to participate in local research projects or connect about questions related to an Autism training or information need. 215-571-3401.

**First Words Project of Florida State University** <http://firstwords.fsu.edu>

Provides an early diagnosis tool called the Infant Toddler Checklist for children 6-24 months old. Available in **Spanish, Slovenian, Chinese, German and Swedish!**

**Autism Now** [www.autismnow.org](http://www.autismnow.org)

Comprehensive information about what Autism is as well as how to get help, therapy and support. **Available in Chinese, Spanish, Filipino, Russian, Vietnamese and Korean !**

**OAR(Organization for Autism Research)** [www.researchautism.org/](http://www.researchautism.org/)

Resources for families and professionals about Autism and Asperger's throughout the lifespan including information for families in the Military. Many items available in Spanish!

**CAR: The Center for Autism Research at CHOP** [www.centerforautismresearch.com](http://www.centerforautismresearch.com)

CAR offers a free lecture series; they can also help families and individuals living with Autism to link to research. Also the amazing Autism Road Map, where you can find many great resources on Treatment methods and what the research says about Autism: <https://carautismroadmap.org/>

**Association for the Science of Autism Treatment** [www.asatonline.org](http://www.asatonline.org)

Describes autism treatment methods and the research and evidence behind them. Great vaccination info!

<http://www.cdc.gov/ncbddd/actearly/act/class.html> ~ Videos and training materials for both professionals and parents to learn effective ways to help recognize and treat Autism as early as possible. Answers questions including "Is autism on the rise?", "What are my chances of having a second child with autism?"

[www.autism-watch.org](http://www.autism-watch.org) A website that explains the risks and benefits of treatments and therapies for Autism.

[www.autism-society.org](http://www.autism-society.org) Reviews many questions families have about the causes and treatments of Autism. Offers information in **Spanish**.

## Philadelphia Family Supports and Groups

### **AUTISM “Warm”LINES**

**Autism Society of America/Philadelphia:** 610-358-5256

**PA ASERT** (Autism Services Education, Resource and Training) **Autism Resource Specialist:** 877-231-4244

**Autism Speaks Autism Response:** 888-288-4762

## **Autism Specific Supports and Groups**

### **Philadelphia Autism Network (“PAN Trainings”)**

Free monthly trainings on practical issues such as behavior, toileting and language development. Childcare provided. No registration. Contact Karen Krivit at 215-460-7725 or email [krivitk@elwyn.org](mailto:krivitk@elwyn.org).

Visit [www.elwyn.org/programs/seeds](http://www.elwyn.org/programs/seeds) for the yearly schedule.

### **SPIN-NET PACE (Northeast Philadelphia)**

FREE! Autism Caregiver Support Group meets monthly covering different topics. Contact Barbara Livengood-Dickson at 215-612-7518 [blivengood@spininc.org](mailto:blivengood@spininc.org) Find them on Facebook!

### **Philly Autism** [www.phillyautism.webs.com](http://www.phillyautism.webs.com)

FREE! Parent support group in Northeast Philadelphia for families with children of all ages with autism. Meets monthly at the Northeast Regional Library. Email [summermoon713@gmail.com](mailto:summermoon713@gmail.com) or call 215-407-3027. Find them on Facebook: <https://www.facebook.com/groups/phillyautism#!/groups/neffas/>

### **Guy Talk**

FREE! <http://alternativechoices.com/alternativechoicesevents/>

A unique, confidential and supportive get-together for fathers, male caretakers and professionals who work in the autism field. Facilitated by Dr. Robert Naseef. See website for details and dates.

### **West Philadelphia Parents of Autistic Children**

FREE! Parent support group - no registration required. Located at 6050 Market St. Contact Roberta Bellamy 267-231-4120 or 215-472-2764, [westphilapacs@gmail.com](mailto:westphilapacs@gmail.com)

### **Autism Sharing and Parenting** [www.autismsharingandparenting.org/](http://www.autismsharingandparenting.org/) 215-413-7106

FREE! Meets monthly. Childcare available – MUST register. Sign up to receive updates about upcoming sessions and events by emailing [crocmei11@gmail.com](mailto:crocmei11@gmail.com). Light meal provided.

### **“Nurturing The Child With Autism”**

FREE! A 12 week intensive parent training for families who have a child with autism. Includes tokens, snacks and childcare. Provided through CAPE, and the SPIN-NET Centers for Autism Excellence. Call 215-408-4946/4937

### **Penn Speaks for Autism** [www.pennspeaksforautism.com](http://www.pennspeaksforautism.com)

FREE! Monthly family workshops offering activities for children with ASD and their siblings. Find them on Facebook!

### **Surviving and Thriving After Diagnosis:** [www.survivingthriving.com](http://www.survivingthriving.com) Sonia Voynow 215-247-5832

Groups for parents and grandparents! Moderately priced workshops for families who have newly diagnosed children.

### **ASCEND** [www.ascendgroup.org](http://www.ascendgroup.org) 610-449-6776 [info@ascendgroup.org](mailto:info@ascendgroup.org)

Support for families of children with Asperger’s. Find out about meet –up groups that are ongoing parent run please log on to this website: <http://www.meetup.com/autism-414/>

## **General Family Supports and Groups**

**Parent to Parent** [www.parenttoparent.org](http://www.parenttoparent.org) 1888-727-2700 / **Special Kids Network (800-986-4550)**

Connecting parents who have children with similar disabilities within their community, a great resource for families who feel alone and can't get out. Services available in Spanish and Chinese!!!

### **Hill Freedman School Parent Support Group**

Barbara Livengood-Dickson 215-612-7518 [blivengood@spininc.org](mailto:blivengood@spininc.org) 6200 Crittenden St 19138  
FREE!! Open to all parents of students with complex needs in Northwest Philadelphia.

### **SPEC (Special Parents of Exceptional Children)** 215-248-5930

For families of children with **ALL** disabilities. Monthly support group with a speaker on Saturdays at Chestnut Hill Library. Free, no need to register, light food. Jean McCoubry at [jfmccou@aol.com](mailto:jfmccou@aol.com) .

### **Elwyn Parent Partners** [www.elwyn.org/program/seeds](http://www.elwyn.org/program/seeds) 215-222-4181

Parents who have children in the Childlink or Elwyn system (0-5 years old) who provide supports and resources

### **Alternative Choices** [www.alternativechoices.com](http://www.alternativechoices.com) 215-592-1333 Drs. Cindy Ariel and Robert Naseef.

Special Families Resource Center: guidance on navigating the system, treatment options, and managing family issues.  
Chips, Dips and Parenting Tips - \$10 – offering expert advice and group discussion.

### **Jewish Family and Children's Services** -

Parent and Grandparent Support groups, open to the whole community regardless of religion. Located at 10125 Verree Road, 19116. Contact: Lisa Ney [lney@jfcshilly.org](mailto:lney@jfcshilly.org) (267)256-2269

### **Frankie's World**

Medically Fragile Daycare offering parent support groups every 6 weeks. Contact Crystal Bailey 215-869-9688.

### **STOMP: Specialized Training of Military Parents** <http://stompproject.org> 1800-5-PARENT

Information and support for military families with children with special needs.

### **Philadelphia Interagency Coordinating Council (PICC) for families with children ages 0-5**

A partnership between families Childlink, Elwyn offering support, information, trainings, special events and advocacy for the families of children 0-5 years old. 215-731-2464. [www.philadelphiaicc.org](http://www.philadelphiaicc.org)

### **The Arc of Philadelphia** 2350 W. Westmoreland St., 19140 215-229-4550 [www.arcpddc.org](http://www.arcpddc.org)

Various groups for families and people with disabilities, see website for more info.

**Visual Impairments and Parenting Workshops!** The Library for the Blind hosts workshops for both Caregivers/Parents of Children who are Blind/Visually Impaired as well as for Parents/Caregivers who are Blind/Visually impaired themselves. For more info contact Ruth Rivera 215-496-7980, ext. 206 [ruth@ecparenting.org](mailto:ruth@ecparenting.org)

## **Kinship Specific Support**

### **Grand Central, Inc. Kinship Care Resource Center** [www.grandcentralinc.org](http://www.grandcentralinc.org) 215-557-1554

FREE! Support and case management for any relative caring for another's child, specializing in grandparents. Also has a support group meeting twice a month! Located at 1211 Chestnut Street, Suite 200, PA 19107.

### **Grand Family Resource Center at SOWN(Supportive Older Women's Network)** [www.sown.org](http://www.sown.org)

FREE! Provides educational counseling, information/referral, and supportive services to grandparents raising families. Group, one on one, and phone support available. 215-487-3000. Located at 4100 Main St., 19127.

### **Turning Points for Children: Kinship Care Program ("Kids n Kin")** 215-875-4961

Support and case management for relatives caring for children with special needs.

## **Sibling Specific Supports and Groups**

### **CHOP Sibshops**

Sibling support groups for all types of disabilities and diagnoses. Contact Sarah Dzeidzic 215-590-7840/Jessica Mono 267-426-2329.

### **Kinney Center Sibshops at SJU**

Sibling support groups – autism specific. Contact Theresa McFalls [tmacfalls@sju.edu](mailto:tmacfalls@sju.edu) or 610-660-2183. Fee\*

### **Sibling support Project** <http://www.siblingsupport.org>

Workshops, online support for youth and adult siblings of all disabilities, includes mentor matching program, resources, and a dynamic national website.

**SPIN/PACE** has a sibling group at times. Please reach out to Barbara Livengood at [blivengood@spininc.org](mailto:blivengood@spininc.org) for more information.

**www.AutismSiblings.org** -- Offers on- line support and information for kids and families.

## **Sexuality and Relationships**

### **Social Signals** <https://socialsignalled.com>

A resource developed to help families, educators and clinicians learn how to teach adolescents with ASD about appropriately developing and managing relationships; including sexuality and internet issues. Created by Nancy Nowell (215-836-1111/[nknowell@gmail.com](mailto:nknowell@gmail.com)) who also does trainings for schools and has a private practice focusing on relationship concerns

### **Temple Institute on Disabilities** [www.disabilities.temple.edu](http://www.disabilities.temple.edu) Beverly Frantz [bfrantz@temple.edu](mailto:bfrantz@temple.edu) 215-204-5078

Free trainings and consultation for any PA resident on a variety of topics: parent advocacy, criminal justice and disabilities, sexual health concerns TTY: 215-204-1356

### **Healthy Relationships and Sexuality Group**

Child Guidance Resource Center -267-713-4100. Located at 2901 Island Ave, 19153

CF Counseling Connections: Ages 18 and up with ASD who are looking for meaningful social relationships. Fee. Contact Abby Connor at 215-498-1420 or [CFcounselingconnections@gmail.com](mailto:CFcounselingconnections@gmail.com)

### **Autism Risk Management** [www.autismriskmanagement.com](http://www.autismriskmanagement.com)

This website, of Dennis Debbaudt, is the leading global voice on autism training for law enforcement and emergency responders.

[www.triangle.org.uk/howitis](http://www.triangle.org.uk/howitis) - An image vocabulary tool to teach children about feelings, rights, safety, personal care and sexuality...65 pages, free, **caution: very graphic.**

[www.stopitnow.org](http://www.stopitnow.org) Information and guidance about age-appropriate sexual behaviors, listing warnings signs for concerning behaviors. Information for all ages of development.

### **Philadelphia Children's Alliance**: <http://www.philachildrensalliance.org/index.php/resources/> 215-387-9500

Comprehensive listing of agencies supports and resources related to concerns of child sexual abuse in Philadelphia

## **INTENSIVE FAMILY SUPPORTS**

**HIP Health Intervention Program** [www.phila.gov/health/MCFH/HIPFamilies.html](http://www.phila.gov/health/MCFH/HIPFamilies.html)

**FREE!** 3 agencies (Health Promotion Council, Congreso and LaSalle School of Nursing) provide home visiting support to families with children who have special health care needs. Teams include nurses, social workers and parent professionals. Services include: advocacy and referrals, system navigation, case management, counseling, attending IEP's & medical appointments for support. This is NOT an emergency program.

Health Promotions Council – LaMia Bryant – 267-765-2307 or Marla Vega 215-731-2418

Congreso de Latinos Unidos – Tressa Dabney – 215-763-8870 ext 1909 (Serves families speaking all languages)

LaSalle Neighborhood Nursing Center - Sharon Starr – 215-951-5034

### **“FES” ~ Family Empowerment Services , Home based emergency family support programs**

Provides short term, in-home social services (housing resources, utilities, clothing, food, safety, support, etc....) for a variety of family needs. Family, caretaker or a professional can call with the family directly to the agency( or “walk-in”).

**United Community Services:** 101 Ellsworth Street 19147 215-468-1645 x 313, Lauren Fein [laurenfein@ucsep.org](mailto:laurenfein@ucsep.org) (Zips: '45,46,48, Center City)

**Family Support Services:** 5548 Chestnut Street 215-471-3251, Michelle McCoy, [mmccoy@fssinc.org](mailto:mmccoy@fssinc.org) (Zip: City-wide)

**YSI (Youth Services, Inc.): Crittenden site:** 6325 Burbridge St 19144 215-848-6200, ext 1028

Erica Makowski [emakowski@ysiphila.org](mailto:emakowski@ysiphila.org) (Zips: '18,19,20,26,27,28,29,38,40,41,44,50)

**YSI (Youth Services, Inc.):Sunnycrest site:** 3828 Spring Garden, 19104 215-387-2050, x104 Vera Keener [vkeener@ysiphila.org](mailto:vkeener@ysiphila.org) (Zips 21 and 32)

**Women's Christian Alliance:** 1722-42 Cecil B. Moore 19121 215-236-9911, ext 1133 Zakiyah Pugh

[zpugh@wcafamily.org](mailto:zpugh@wcafamily.org) (Zips: '21, 32,44)

**Intercultural Family Services:** 4225 Chestnut St. 19142 215-386-1298, ext 240 Janell Tillman(Zips:

'02,03,04,06,07,23,,30,31,39,42,43,51)

**The Village:** 6517 Chester Ave 19142 215-730-2249 Danaya Lewis [dlewis@village1877.org](mailto:dlewis@village1877.org) (Zips: 04,31,39,42,43,51,53)

**Lutheran Child & Family Services:** 5401 Rising Sun Ave 19120 215-424-3741 ext 216 Susan Isenberg

[susani@lcfsinpa.org](mailto:susani@lcfsinpa.org) (Zips: 11, 14,15, 16,18, 19,20, 29, 32, 36, 41,49,50, 54)

**Congreso:** 216 W. Somerset 215-763-8870 ext 1432 (Zips: 24,25,26,33,24,25,37,40,41) Doris Acevedo [acevedod@congreso.net](mailto:acevedod@congreso.net) 215-873-1628

( FES is funded by the **prevention arm** of DHS but IS **not** an indication of abuse or neglect.

**Contact: Eduardo Village at 215-683-5751** [eduardo.villegas@phila.gov](mailto:eduardo.villegas@phila.gov))

**PA Elks** <http://www.paelkshomeservice.org/>

FREE home based case management support for people of any age with a disability living at home. Families below Erie Ave: Tracy Johnston 610-990-6381; Families above Erie Avenue: Maureen Fitzpatrick 215-333-4605.

**Parenting Collaborative** [pcreferrals@phmc.org](http://pcreferrals@phmc.org) 215-825-8259 **(Spanish speaking)**

FREE! Referral to local community based parent support and education groups and parent support classes for behavior.

### **“Nurturing The Child With Autism”**

Free! A 12 week intensive parent training for families who have a child with autism. Includes tokens, snacks and childcare. Provided through CAPE, and the SPIN-NET Centers for Autism Excellence. Call 215-408-4946.

### **“Parenting Plus!”**

Free! Parenting class for parents who have a mental health diagnosis at the Mental Health Association of Southeastern PA. Contact Gina Caruso at [gcaruso@mhasp.org](mailto:gcaruso@mhasp.org) 267-507-3872

### **TAMAA: Support for African Immigrant Families (of CCTC)**

Free! Contact Mr. Lanfia Waritay, Team Leader 215-496-0707, ext 1500 or [lanfia.waritay@cctckids.org](mailto:lanfia.waritay@cctckids.org)

**Center for Grieving Children** 3300 Henry Avenue, 19129 267-437-3123 [info@grievingchildren.org](mailto:info@grievingchildren.org)

Free! A safe and caring place where young people and their families who are grieving a death can find help to grow through the healing process, free.

**Philadelphia Anti Violence Partnership,** 2000 Hamilton Street, 19130 [avpphila.org](http://avpphila.org) 215-567-6776

Free! Professional counseling to adult and child co-victims of homicide and victims who have been traumatized by other forms of violence.

## **Supports for Latino Families**

### **HUNE (Hispanos Unidos Para Niños Excepcionals)** [www.huneinc.org](http://www.huneinc.org)

Provides advocacy and support for Latino families with children with disabilities. 215-425-6203/ 2200 N. 2nd St, PA 19133

**PIN of PA:** Support for Families of Children with Behavior Problems

### **Abriendo Caminos A Los Latinos Con Familias Excepcionales/Vision for Equality**

Support group for any family member or friend of a person with a disability. Contact Marisol Ramos 267-777-1291 [Jr.ramos@juno.com](mailto:Jr.ramos@juno.com)

### **Spanish Language Parent Support and Education:**

Casa del Carmen: 4400 N. Reese Street 19140/215- 329-5660

Concilio: 705-09 N. Franklin Street 19123/215-627-3100 <http://concilio.net/>

APM: 445-47 West Luray Street 19144/ 215-329-9580

Congreso: 216 West Somerset 19133/215-763-8870

### **Monarch House/ Casa Monarca** <http://casamonarca.org/> 215-253-3033

1448 S. 17th. Street, 19148. Afterschool programs and advocacy for Latino families as well as playgroups for children and their parents.

### **La Puerta Abierta** 2646 Kensington Ave, 19125 610-745-1952 [icfamwell@gmail.com](mailto:icfamwell@gmail.com)

Free family counseling for undocumented and uninsured Spanish families.

### **Amparo de la Niñez, Inc. – Children’s Safe Harbor, Inc.** [www.amparodln.org](http://www.amparodln.org) 215-324-2919

Multicultural educational program for children including music, computer program, drama, dance, poetry, chorus. 107-109 E. Luray St. 19120

### **CCTC Abriendo Caminos** 215-496-0707, ext 1152

Serving the Mexican community offering behavioral support and psychological services.

### **Teleton!** <http://teleton.org/te-ayudamos/autismo>

Mi hijo tiene autism...Que hago?, Que es el autism? Que provoca el autism? Como se diagnostic? Que puedo hacer?

**“¡Familia, Familia!”** : 4 short videos (in Spanish with English subtitles) about managing problems with tantrums, eating, sleeping and toileting for all children.

[https://www.youtube.com/channel/UCVtUXrRRBohcQahB-\\_Ft6uA](https://www.youtube.com/channel/UCVtUXrRRBohcQahB-_Ft6uA)

<https://www.facebook.com/realmoviesforrealfamilies>

**El Centro Estatal de Recursos de ASERT** le facilita a las familias, individuos con autismo y profesionales el contacto con una persona de Lunes a Viernes de 8:00 a.m. - 5:00 p.m. a través de la línea telefónica libre de cargos: 877-231-4244 o por correo electrónico a [info@PAautism.org](mailto:info@PAautism.org). El sitio web estatal de ASERT contiene una base de datos de recursos con eventos, información, noticias y capacitaciones. Los individuos, padres y proveedores pueden crear una cuenta gratuita para guardar sus recursos favoritos.

## **Supports for Asian Families**

### **SEAMAAC: Southeast Asian Mutual Assistant Associations Coalition** [www.seamaac.org](http://www.seamaac.org)

Multi service center offering social supports and activities for many Asian families.  
Contact Amy Jones at 215-467-0690. Located at 1711 South Broad St. 19148

### **Intercultural Family Services** [ifsi@ifsinc.org](mailto:ifsi@ifsinc.org)

Home and community based case management (in many languages through their FES program ) and outpatient mental health services. Located at 4225 Chestnut Street 19104, (215)-386-8490 and 2317 South 23rd Street 19145, (215)-468-4673. For more information contact [Jack.trieu@ifsinc.org](mailto:Jack.trieu@ifsinc.org)

### **Warren E. Smith Outpatient Mental Health**

Vietnamese case manager and Vietnamese/Chinese family therapist who sees adults and families (does not diagnose or see children separately). Located at: 2514 North Broad Street, 215-599-8911

### **Hall Mercer Outpatient Mental Health**

Chinese (Mandarin) child psychiatrist, Dr. Zheya ("Jenny") Yu - 215-829-5554.  
Case management available in Cambodian (Khmer), Laotian, Fujinese, Vietnamese and Cantonese. Contact Helen Luu at 215-829-5529. Located at 8<sup>th</sup> and Spruce St, 19107.

### **Boat People SOS (Vietnamese) Services Center**

Case management for families. Located at 600 Washington Ave, 19147 . Call 215-334-1500.

### **Lutheran Children's Services**

Philadelphia Refugee Mental Health Collaborative coordinator: Melissa Fogg 215-747-7500 [melissaf@lfcsinpa.org](mailto:melissaf@lfcsinpa.org)

### **Cambodian Association of Greater Philadelphia** [cagp.org/programs.html](http://cagp.org/programs.html)

Supports, resources, case management, after school, summer camp and parent enrichment programs.  
2416 South 7th Street 19148/ 215-389-0748                      5412 North 5th Street, 19120/ 215-324-4070

### **Jaisohn Center** [www.jaisohn.org](http://www.jaisohn.org)                      215-224-2000

Multiservice center for Korean families offering medical and family support. Located at 6705 Old York Rd. 19126.

### **Chinese Health Information Center at Jefferson Hospital**                      215-955-8282

Assist, guide, support Southeast Asia immigrant families obtain health insurance.

### **Philadelphia Chinatown Development Corporation**

<http://chinatown-pcdc.org> 215—922-2158

Support, education, health and community information for Chinese families.

**Autism for Asian families VIDEO!** Available in Chinese, Vietnamese, Japanese, Korean, Khmer (Cambodian), Nepali, Indonesian and English!

<http://drexel.edu/autisminstitute/resources/videos/>

[www.autismspeaks.org/family-services/non-english-resources/chinese](http://www.autismspeaks.org/family-services/non-english-resources/chinese)



## **Respite – “A PLACE FOR A BREAK!”**

### **Crisis Nurseries and Respite Services** [ysiphilly.org](http://ysiphilly.org)

The Sally Watson Center: 5128 Wayne Avenue (Germantown) (215)844-6931

Offers FREE respite services for families Monday-Friday, 7am-5:45pm for ages 0-5. Families must call intake and have proof of child's immunizations prior to beginning respite services.

Baring House: 3401 Baring Street (West Philly) (215) 386-0251

**FREE 24 hour** emergency respite care for children ages 0-5. Telephone intake process includes proof of your child's immunizations prior to beginning respite services.

### **The Variety Club: Weekend Retreats** [www.varietyphila.org](http://www.varietyphila.org)

Ages 7 to 21 at the Variety Camp & Developmental Center in Norriton, PA.. An interview is scheduled to determine if the resources at Variety meet your child's needs. A non-refundable fee of \$100.00 is due upon acceptance to the program. Application and forms are available on the website or call 610-584-4366.

### **Family Friends Program at Temple University** [www.templeigc.org/Family-Friends](http://www.templeigc.org/Family-Friends)

Free! Matching older adult volunteers who provide in-home companionship and respite to children with special needs. This is a part time program that provides breaks for families via respite trips. Call 215-204-3199.

### **St. Joseph's University Kinney Center for Autism** [www.kinneyautism.sju.edu](http://www.kinneyautism.sju.edu)

"Family Night Out", one Saturday/month, \$50.00 for three hours. Runs at the same time on the SibShop. Fun activities in a safe and structured environment.

Located at: 5600 City Avenue, 19131. Call 610-660-2170.

### **The Friendship Circle - "Friends at Home"** [www.phillyfriendship.com](http://www.phillyfriendship.com)

Weekly in-home respite by teen volunteers who are matched with Jewish families with children with special needs.

Parent must remain at home during the volunteer's time. FREE. Call 215-574-1765.

### **Philadelphia Department of Behavioral Health** [dbhids.org/respite/](http://dbhids.org/respite/)

Two different types of respite are available for children ages 6-15. **Requirements: must be receiving services from Dept of Behavioral Health/CBH and child must have Medical Assistance.** Call 215-685-4746.

Saturday afternoon Respite and Boys and Girls Club Spring and Winter Break programs (\$300 mini-grant for a trusted friend or relative who can provide respite).

### **Home Health Aides and Nursing Services**

In exceptional cases where a child with autism has other medical issues or skilled nursing needs and the parent works, some families have been able to obtain home health aide services for their child from a home-nursing agency.

Agencies listed below:

Bayada Nursing: 215-988-9006 bayada.com

Infinite Care: 215-742-3247 infinitecare.org

Rescare Homecare: 215-643-1200 /267-460-6234 rescare.com

Visiting Nurse Group: 215-829-8888 visitingnursegroup.com

Pediatrics: 215-376-6576 pediatriakids.com

Caregivers America: 866-586-4394 caregiversamerica.com

### **Jewish Family & Children's Service** [www.jfcsphilly.org](http://www.jfcsphilly.org)

Direct Care Service – will assist with accompanying individuals to appointments and social events, driving to and from appointments and therapies, respite, companionship, errands, and socialization. Open to whole community regardless of religion. Ages 10 and up. \$24/hour. Contact Lisa Ney: [lney@jfcsphilly.org](mailto:lney@jfcsphilly.org)/267-256-2269. Located at: 10125 Verree Road, Suite 304, Phila., PA 19116

**Nancy's House**: <http://www.nancys-house.org/> 215.885.0753 Very affordable 1 and 3 day retreats that meet the physical, emotional and practical needs of family caregivers, see website for details.

*\*Get out and have fun!!\**

## **Recreation and Community Activities**

**City of Philadelphia Recreation Department** [www.phila.gov/recreation](http://www.phila.gov/recreation)

After school summer camp and weekend activities for children ages 5-13. Low cost/ fees vary  
215-683-3600 (website available in multiple languages)

**Art-Reach Museum Partners** [www.art-reach.org](http://www.art-reach.org) ACCESS to museums and facilities (Please Touch, Morris Arboretum, Academy of Natural Sciences ...etc) for families with an ACCESS card. 1 ACCESS card admits up to four family members at a rate of \$2 per person. (sadly the Zoo and the Franklin Institute are not participating in this). Check website for all facilities!

**Philadelphia Airport Autism Access Program** [www.autismir.com](http://www.autismir.com)

This Program provides opportunities for children with autism and their families to become familiar with traveling through PHL, and includes Social Stories by Carol Gray and a simulated airport experience. For more information contact [accessibility@phl.org](mailto:accessibility@phl.org)

**B.I.G. A-Foundation**

FREE! Teaching life skills through sports at Germantown Friends School. Ages 6-14, Contact Tina Marie at 267-401-3100. Email [tinamarieBIGA@gmail.com](mailto:tinamarieBIGA@gmail.com)

**You Too Tennis Program at PENN**

FREE! Ages 6-14. Sundays at UPenn Levy Tennis Pavilion. No equipment needed. Contact Jason Learner at [youtootennispenn@gmail.com](mailto:youtootennispenn@gmail.com). Visit the website: [www.pennspeaksforautism.com](http://www.pennspeaksforautism.com)

**HeARTS for AUTISM** [www.HeartsforAutism.org](http://www.HeartsforAutism.org)

A monthly workshop for families with children with Autism, using art as means of expression. Located at the Norcom Center in Northeast Philadelphia with activities for caretakers and siblings as well.

Pre-registration is required and workshop are FREE! For more information call 267-231-7585 or email [robin@heartsforautism.org](mailto:robin@heartsforautism.org)

**Free Library of Philadelphia** [www.freelibrary.org](http://www.freelibrary.org)

FREE story and FREE craft hours for children, call 215-685-5322 or check the website for location/hours.

**Settlement Music School** [www.smsmusic.org](http://www.smsmusic.org) 215-320-2625

**Main Site:** 3745 Clarendon Avenue, 19114

**Regional Sites:**

Mary Louise Curtis Branch: 416 Queen Street | Philadelphia, PA 19147

Willow Grove Branch: 318 Davisville Road, Willow Grove, PA 19090

West Philadelphia Branch: 4910 Wynnefield Avenue | Philadelphia, PA 19131

Germantown Branch: 6128 Germantown Avenue | Philadelphia, PA 19144

**Tops Soccer/Topsports**

FREE sports and recreations opportunities for children with special needs. Call Steve Milligan at 215.579.2656 or email [sa.milligan@verizon.net](mailto:sa.milligan@verizon.net). (Best through email)

**Holy Terror Stars** [www.holyterrorstars.webs.com](http://www.holyterrorstars.webs.com)

FREE, Weekly sports for children with ANY kind of special need. All seasons - no age limit. Lots of additional activities as well such as holiday parties and Phillies games. Location: Northeast Philadelphia at New Foundations Charter School (Rhawn and Torresdale) and surrounding area. Contact: Cindy Hinchy at [215-331-9876](tel:215-331-9876)/[cyndistars@verizon.net](mailto:cyndistars@verizon.net) or Aimee Boothman at 215-847-4422/[alrb1021@aol.com](mailto:alrb1021@aol.com).

**Fox Chases Champions** [www.foxchasechampions.com](http://www.foxchasechampions.com)

FREE Special needs sports organization including indoor/outdoor soccer, bowling and baseball in the Northeast. Contact Matt McDonald 215-745-2785 or email [info@foxchasechampions.com](mailto:info@foxchasechampions.com).

**MA Athletic Sports Mix** (Spring, summer and fall seasons)

Sports program for children with any type of developmental/physical disability and their siblings.

Shannon Pakstis – [johnsmom2008@yahoo.com](mailto:johnsmom2008@yahoo.com) Steve McLaughlin [267-255-4660/smclaughlin@gmail.com](mailto:267-255-4660/smclaughlin@gmail.com)

**Special Olympics PA** [www.sopaphilly.org](http://www.sopaphilly.org) Nadirah McCauley [nmaccauley@specialolympics.org](mailto:nmaccauley@specialolympics.org) 215-671-5112

Sports program for children 2-7 with special needs, partnering city-wide with the YMCA's FREE!

**Smith Memorial Playground** [www.smithkidsplayplace.org](http://www.smithkidsplayplace.org)

FREE indoor playhouse located in Fairmount Park for children 5 and under, outdoor playground for children 10 and up with the famous "Giant Slide". Free story and craft hours. 215-765-4325

**Norcom Community Center** [www.nccfun.org](http://www.nccfun.org)

Offers year-round recreational activities for children with special needs. Located at 10980 Norcom Rd 19154

Contact Laura Fekete: 215-698-3060/ 215- 613-1070

**Variety Club Autism Resource Center** [www.varietyphila.org/serve/autism-initiative/](http://www.varietyphila.org/serve/autism-initiative/)

Recreational events for the entire family including: Autism Day at Sesame Place, Please Touch Museum, and many other events all year long 215-735- 0803.

**Variety Club Camp Center**

**Saturday Arts Program:** ages 6-21. an opportunity for participants to explore all mediums of art including visual art, dancing, music, and theater. Sessions take place every Saturday from 9AM-3PM for 10 weeks. Sessions take place in the Fall, Winter, and Spring. Contact Jean Merkl at 610-584-4366.

**Parent to Child** [www.parent2child.net](http://www.parent2child.net)

A parent and child therapy center offering art and music therapies to promote growth, development and social skills; parent training and sibling club. Sliding fee\*. Contact director Kathryn Snyder: 215-450-5271 or [kathrynsnyder@comcast.net](mailto:kathrynsnyder@comcast.net)  
Located at: 1722 Pine Street 19103

**Pegasus Riding Academy Inc.:** 8297 Bustleton Ave, 19152. 215-742-1500 [www.pegasusridingacademy.com](http://www.pegasusridingacademy.com).

**Jewish Family and Children's Services** [www.jfcsphilly.org](http://www.jfcsphilly.org)

Social skills groups for children, teens and adults open to everyone regardless of religion.

Located at: 10125 Verree Road, Philadelphia 19116. Contact Lisa Ney at [lney@jfcsphilly.org](mailto:lney@jfcsphilly.org)/(267)256-2269

**YMCA** [www.philaymca.org/](http://www.philaymca.org/)

Programs are offered at all locations are for children of different ages with special needs. Programs and ages vary. This includes sports and recreation, swimming, daycare/childcare, after school programs, and summer camps. Fees do apply.

Columbia North: 1400 N. Broad St.19121, 215-235-6440

Roxborough: 7201 Ridge Ave 19128, 215-482-3900

Christian St: 1724 Christian St. 19146 215-735-5800

West Philly: 5120 Chestnut Street 19139, 215-476-2700

Northeast Family: 11088 Knights Rd., 19154, 215-632-1484

**The YMCA is now accepting some insurance to cover registration and monthly fee payments!!**

**I Think I Can:** [http://pex.tripod.com/Recreation\\_Guide\\_Jan\\_17\\_2005.pdf](http://pex.tripod.com/Recreation_Guide_Jan_17_2005.pdf)

A guide for families with children with all disabilities to some Philadelphia area recreation and camp opportunities. Compiled by Daniele Blaney a social work student at CHOP in 2005, but many of these agencies are going strong!

**Discovery Garden State Museum**

Free! Open to families with children with ASD. Opportunity to socialize in a safe and interactive environment. 2015 schedule is February 22<sup>nd</sup>, May 17<sup>th</sup>, August 16, and November 15<sup>th</sup>, 6-8pm. Call 856-424-1233 ext 311 for more information.

**Franklin Institute – Sensory Friendly Sunday's!**

Exhibits modified to provide a comfortable experience for people on the autism spectrum. Discounted rates for guests arriving between 8-930am. Contact Adrienne Kimball at 215-448-2195 for dates and more information.

**Temple University – Builders Club**

Afterschool social skills Lego groups for kids aged 7-11! Fee's are on a sliding scale and affordable for most families. Group will meet on Temple's campus. Call 215-204-6087 for more details.

## Camps

### **Philadelphia Autism Centers of Excellence (PACE)** 1-855-ASD-PACE

PACE provides an array of services for children and their families including after school program. Three locations:

SPIN – 215-612-7625. Located at 10541 Drummond Rd., 19154

NET (Northeast Treatment Center) – 855-273-7223. Located at 499 Spring Garden St., 19123

Child Guidance Resource Center - 267-713-4100. Located at 2901 Island Ave, 19153

### **The City of Philadelphia Summer Program Guide**

Neighborhood Day Camps: 215-683-3600. Ages 5-12

**Norcom Community Center** 10980 Norcom Rd 19154 215- 613-1070 [www.nccfun.org](http://www.nccfun.org)

Inclusive camp for special needs and typical children ages 5-18. Children's activities: Maureen ext. 3077

**Variety Club Developmental Overnight Camp** 2950 Potshop Road, Worcester, PA 19490 610- 584-4366.

**Day Camp:** For children and youth with disabilities ages 5-21. Program runs Monday thru Friday throughout the summer. Transportation is available, but limited to a pick-up point in Northeast Philadelphia and Bucks County. Siblings are also welcome to attend. Before and after care available. FEE\*

**Overnight Camp:** (610) 584-4366.

For children and youth with disabilities ages 7-21. Participants stay overnight from Sunday to the next Saturday.

**Vocational Program** Jean Merkl 610-584-4366 x1101.

For youth with disabilities ages 14 and up. Program takes place throughout the summer. Participants learn job skills as they participate in various work-related activities including landscaping, cooking, office duties, camp store, etc. Space is limited.

**Extended School Year is Back!**

**Carousel House Special Needs Day Camp** [www.carouselhousepa.com](http://www.carouselhousepa.com) 215-685-0160/61/62

A 2-week camp for kids with disabilities ages 6-25. Belmont Avenue and North Concourse in Fairmount Park.

Cost: \$125 for both weeks with lunch included!

**Madeline Moore Summer Camp Grant** <http://dbhids.org/summercamp> 215-685-4737

ONLY for children who are receiving CBH services. Provides up to \$600/ year for camp available through CBH.

**Dragonfly Forest** [www.dragonflyforest.org](http://www.dragonflyforest.org) 610-298-1820

Residential overnight camp for ages 7-14, in Westtown, PA (Chester County).

Cost: \$50 deposit plus additional sliding camp fees.

**YMCA** <http://www.philaymca.org/>

Columbia North:1400 N. Broad St. 19121, 215-235-6440 Roxborough:7201 Ridge Ave 19128215-482-3900

Christian St:1724 Christian St. 19146, 215-735-5800 West Philly:5120 Chestnut St. 19139, 215-476-2700

Northeast Family: 11088 Knights Rd., 19154, 215-632-1484

**St. Joseph's University Kinney Center for Autism** 610-660-2170/kinney.autism.sju.edu

Summer camp for kids with Autism. You can get on their email list so you don't miss this opportunity.

Cost: \$20 deposit, \$1271-\$2317, 2week-5week options.

**West Phila. Parents of Autistic Children**

Cost: \$125/w, includes tshirt. (Accepts Madeline Moore grant and FDSS funds)

Located at 6050 Market St. Contact Roberta Bellamy 267-231-4120 or 215-472-2764 or [westphilapacs@gmail.com](mailto:westphilapacs@gmail.com)

**I Think I Can:** [http://pex.tripod.com/Recreation\\_Guide\\_Jan\\_17\\_2005.pdf](http://pex.tripod.com/Recreation_Guide_Jan_17_2005.pdf) a guide for families with children with all disabilities to some Philadelphia area recreation and camp opportunities. Compiled by Daniele Blaney a social work student at CHOP in 2005, but many of these agencies are going strong!

## **Dentists**

### **Elwyn Special Needs Dental Clinic**

All ages, all insurances. located at 4040 Market St. 215-895-5533

### **Cavity Busters**

All ages, all insurances. 215-677-0380. Multiple sites throughout Philadelphia.

### **St. Christopher's Hospital for Children**

All ages, all insurances. 215-427-5065

### **University Penn School of Medicine in affiliation with CHOP**

240 S 40<sup>th</sup> St, 19104. Ages 1-12. 215-898-8979

### **Special Smiles at Episcopal Hospital**

100 E Lehigh Ave 215-707-0575

Ages 8 and up. Medical Assistance only. Patient must require general anesthesia only. Must have a referral from a dentist.

## **Safety and Car Seats**

### **Safety Net** <https://safetynetbylojack.com/>

A sophisticated tracking system specially designed for people who wander and may be non-verbal. See the website or call 877-434-6384. There is a fee\*

### **Autism Safety Project** [www.autismspeaks.org/family-services/autism-safety-project](http://www.autismspeaks.org/family-services/autism-safety-project)

This program (through Autism Speaks) reviews a number of issues related to the safety of people with Autism including sexual abuse. Swimming and water safety scholarships fund.

### **Autism Risk Management** [www.autismriskmanagement.com](http://www.autismriskmanagement.com)

This website, of Dennis Debbaudt, is the leading global voice on autism training for law enforcement and emergency responders.

### **The Children's Hospital of Philadelphia's - Community Car Seat Program @ the Kohl's Safety Center**

<http://www.chop.edu/health-resources/child-safety-seat-program-chop>

Located at 34<sup>th</sup> & Civic Center Boulevard. Contact the safety center at 267-426-5000 for more information.

### **Car Seat Loan Program of Pennsylvania** [www.pakidstravelsafe.org](http://www.pakidstravelsafe.org)

Visit this website for information about the PA car seat loan program – and gather information about all transportation safety awareness and PA sponsored programs.

### **E-Z On Vest** <http://www.ezonpro.com>

This company offers a large variety of safety products, see their website for more information. Call 1-800-323-6598 for more information about safety vests and all other safety products

### **Autism "Big Red Safety Box"** [www.nationalautismassociation.org/big-red-safety-box](http://www.nationalautismassociation.org/big-red-safety-box)

This is a comprehensive guide to help families and caregivers understand how to adapt to a child's environment and community to assure they are safe. Information extends to wandering concerns, restraint and seclusion, bullying, and suicide prevention. For caregivers and first responders.

## **Behavioral Support and CBH**

### **Community Behavioral Health (CBH)**

**801 Market Street, 7<sup>th</sup> Floor, 19107**

1-888-545-2600

[www.phila-bhs.org](http://www.phila-bhs.org)

Special Needs Unit: 215-413-7663

CBH is the mental health HMO for Philadelphians with Medical Assistance. CBH oversees many programs that private insurances do not pay for such as therapeutic preschools, Wrap-Around services and home-based family therapy. Families with private insurance can obtain Medical Assistance (in most cases) for their disabled child (called PA95, or "the MA loophole"). For more information on how to apply for Medical Assistance, see page 32.

### **What is Wrap Around?**

Wrap Around (aka: BHRS) is a behavioral health support service provided by a team that may consist of a Behavior Specialist Consultant (BSC), a Case Manager and a Therapeutic Support Staff (TSS) Worker. The child must have a psychiatric or psychological evaluation recommending Wrap Around that is written by an approved provider. If a child has private insurance, CBH is required to request that the psychological evaluation is done through the private insurance provider first. Families who have MA can contact a wraparound service provider directly or apply through CBH. *This service is NOT provided through the Pennsylvania Department of Education or Elwyn SEEDS. Wrap Around staff are not childcare staff, they must work with a child when a "responsible adult" is present, they do not participate in personal hygiene care such as changing diapers. Wrap around providers are listed on pages 2-7.*

### **Behavioral Health Services and Act 62**

Families with private insurance may be entitled to have behavioral services covered up to \$36,000/year. To qualify for Act 62 the private insurance must come from an agency that has 50 or more employees and is not "self-insured" or "ERISA". For more information:

<http://www.dhs.state.pa.us/foradults/autismservices/pautisminsuranceact62/autisminsuranceactfactsheet/index.htm>

**Parents Involved Network (PIN)** 1211 Chestnut St. 19107 267-507-3860

Assists parents or caregivers of children and adolescents with emotional and behavioral needs. PIN provides information, resources support services and advocacy.

## **Medical Assistance and SSI**

### **MA for Children with a Disability – Known as PH95**

MA( Medical Assistance) is medical insurance that may cover things that your child's primary insurance does not cover. If your child is disabled you may want to explore obtaining MA benefits for him/her.

### **What does MA pay for that my private insurance might not cover?**

For a child, MA covers everything that is medically necessary. Among those services are:

**Wrap-Around Services**--Wrap-Around services provide some children with a mental health diagnosis home or school based behavioral supports and therapy. For a list of wrap around providers, see pages 2-7.

**Medical, Nursing and Home Health Aide Services**-- MA can pay for medical or therapy equipment, co-pays, deductibles, transportation to medical appointments, medical bills not covered by your insurance (from up to 3 months ago) and nursing services that are medically necessary.

**The Diaper Program**-- Diapers are paid for by MA when a child continues to need diapers after the age of 3 due to his/her special needs. See page 33 for more information.

***MA is a medical insurance program. It is state funded and administered through the PA Department of Public Welfare; HOWEVER, it is NOT WELFARE. Once your child receives MA you will need to recertify his/her case annually, either over the phone or through the mail. If you already have private insurance you can keep it and also obtain MA to supplement your child's coverage.***

**Transportation to medical appointments** [www.logisticare.com](http://www.logisticare.com)

The Medical Assistance Transportation program can provide rides or reimbursement for public transportation or car use for a parent and a child going to or from a medical appointment. Call LogistiCare at 1-877-835-7412 or online go to

### **Medical Assistance Special Needs Coordinators:**

For more contacts related to Special Needs Coordinators" please see the Directory from the Children with Special Healthcare Needs Consortium from 2014 at this link:

<http://www.phila.gov/health/pdfs/PSNC%20Directory.pdf> " or contact Nick Claxton at 215-685-5232

## How to Apply for Medical Assistance

### OPTION A:

Families can call the Child Healthwatch Helpline at PCCY at 215-563-5848 X 17. PCCY will take your information on the phone, gather documents from you by mail or email (dzubow@pccy.org) and send your application in for you. PCCY works often with families in Early Intervention and can follow up on any application if there is a problem.

OR

### OPTION B: (“DIY Version”)

1. Call The “Healthy Kids Help Line” at 1-800-986-KIDS (5437) and ask to have a MA application sent to you (ask for application PA600HC) or download an application online at:

<http://www.dhs.state.pa.us/findaform/index.htm> and then type in PA 600 HC in the form # field

After completing the application, please write “**MA FOR DISABLED CHILD HANDBOOK SECTION 305 Appendix C95**” across the top of the form. This will alert the caseworker to consider the child for eligibility because of their disability.

2. **DOCUMENTATION!!!!** You will need to provide proof of the following items by providing copies.

The only proofs required by law are:

- proof of any income in the household, including income received in the child’s name.
- proof of disability (medical or psychological evaluation written by a licensed clinician within the last 3 months)
- proof that you did apply for SSI and were rejected due to income (For families who do not meet the poverty guidelines for SSI, this rejection letter can be obtained over the phone you do not have to GO to the SSA office)
- If the client is an immigrant they must provide immigration documents – such as “green cards”

**Our advocates at PCCY are aware that families may be asked for more documentation however if this is the case please contact PCCY’s Child Healthwatch Helpline at 215-563-5848 X 17!**

### ...a word about SSI:

SSI, (Supplemental Security Income), is a federally funded program which provides a monthly check **and** Medical Assistance for people who qualify. To qualify you must have a disabling condition **PLUS** meet income guidelines to be eligible. To apply, call **800-772-1213**, or log on [www.ssa.gov](http://www.ssa.gov). ( Search for Supplemental Security Income and go the Application link).

3. Mail the application (make copies and send registered or certified mail so you get a receipt *in case it gets lost*), get a receipt!

Philadelphia County Assistance Office  
Philadelphia County Assistance Office  
Philadelphia State Office Building  
801 Market Street , Philadelphia, PA 19107

County Assistance Office Phone: 215-515-6400

4. The application will be forwarded to your local County Assistance Office. You should hear from them in a letter within 30 days about the status of your application. This letter will contain the name and phone number of the caseworker assigned to your child’s application and your case record number. They may need more information. Keep in mind that the state rule says that you do not need to go to the office at all for an appointment, you can phone, fax or mail information.

**OPTION C.** on line via the State of PA benefits webpage: <https://www.compass.state.pa.us/>

*To download a free copy of the Elwyn Family Guide to Medical Assistance (reader friendly), please visit [www.elwyn.org/SEEDS](http://www.elwyn.org/SEEDS) and click on the MA Guide tab.*



## **The Diaper Program (Only for children over 3)**

If your child is three years of age or older and is using diapers because of a developmental delay or medical reason he/she can receive a case of diapers and wipes delivered to your home on a monthly basis.

### **For Child with Medical Assistance, here is what you can do:**

Call your child's health provider (this is usually the number written on the back of your medical card).

1. Ask the insurance provider what Durable Medical Equipment Company they contract with in your area and get the name and phone number of that company.
2. Call the equipment company and explain that you want to get your child on the diaper program. They will do an intake with you over the phone and then they will ask you to call your doctor and have the doctor fax a prescription for diapers and wipes to them. **Get the equipment company's fax number.**
3. Call your doctor's office and explain that you need to fax a prescription for diapers directly to the equipment company. The prescription needs to include the child's size and diagnosis.
4. Soon you will begin to receive diapers each month. You will need to renew this process each year if your child continues to need them.
5. If you do not receive the diapers and wipes please call the Medical Equipment Company to check in with them.

### **For children with Private Insurance in addition to Medical Assistance (i.e. from a parent's job).**

1. Submit the diaper prescription to the private health plan for payment to the durable medical equipment company.
2. The private health plan will deny the payment. Ask for a denial letter in writing.
3. Resubmit the claim to the medical assistance plan provider with the written denial from the private health plan.
4. The durable medical equipment companies can guide you through the rest of the process.

## **El Programa de Pañal (This is the same information as above but in Spanish)**

Si su niño tiene tardanzas del desarrollo y tiene más de 3 años, él o ella pueden recibir pañales gratis por la asistencia médica.

Siga estos pasos:

1. Llame el 1-800 número de teléfono al dorso de la tarjeta médica de su niño para averiguar a quién su "Equipo Médico Duradero local" abastecedor es.
2. Llame aquel abastecedor, y hable con ellos sobre "el programa de pañal". Ellos le dirán que usted tendrá que conseguir una prescripción del doctor de su niño y ellos le darán el número de fax mandar por fax la prescripción.
3. Llame la oficina de doctor de su niño y dígales que su niño necesita al doctor para mandar por fax una prescripción para pañales a la compañía. La prescripción debería declarar el diagnóstico de su niño y debería solicitar un suministro de un 3 mes de pañales con recambios. ¡Asegúrese que el doctor escribe el tamaño de pañal de su niño la prescripción también!
4. La farmacia que proporciona estos pañales dispensará automáticamente pañales genéricos a menos que el doctor declare una razón médica de una marca de nombre.
5. Usted puede ser aprobado para limpia también.

### **Resources for Toilet Training**

- Maria Wheeler book: Toilet Training for Individuals with Autism and Related Disorders
- [www.clothdiaper.com/PRODUCTS/DIAPER-COERS/Gerber-Waterproof-Pants.html](http://www.clothdiaper.com/PRODUCTS/DIAPER-COERS/Gerber-Waterproof-Pants.html)
- [www.visualaidsforlearning.com/toiletraining-pack-learning.htm](http://www.visualaidsforlearning.com/toiletraining-pack-learning.htm)
- [www.childrenwithspecialneeds.com/index.php/downloads.html](http://www.childrenwithspecialneeds.com/index.php/downloads.html)
- [www.llmedico.com/g/plastic-pants/](http://www.llmedico.com/g/plastic-pants/)
- <http://www.niu.edu/ccr/resources/ToiletTraining2.pdf>
- [http://www.autismspeaks.org/docs/sciencedocs/atn/atn\\_air-p\\_toilet\\_training.pdf](http://www.autismspeaks.org/docs/sciencedocs/atn/atn_air-p_toilet_training.pdf)
- [http://raisingchildren.net.au/articles/autism\\_spectrum\\_disorder](http://raisingchildren.net.au/articles/autism_spectrum_disorder)
- [Kc.vanderbilt.edu/site/resources](http://Kc.vanderbilt.edu/site/resources)
- <http://www.elwyn.org/program/seeds/> (Toilet Training Booklet)



## **Supports for Adults with Autism**

**Pennsylvania Department of Public Welfare Bureau of Autism Affairs** [www.autisminpa.com](http://www.autisminpa.com)

Resources and programs for adults with Autism including the Adult Autism Waiver and the Adult Community Autism Program. 866-539-7689

**ALAW-Autism Living and Working** [www.autismlivingworking.org](http://www.autismlivingworking.org) 267-322-5800

Helping adults with autism form and sustain households, hold jobs, and contribute to community life, through individual supports and accommodations.

**ASAN The Autistic Self Advocacy Network** [www.autisticadvocacy.org](http://www.autisticadvocacy.org)

National organization, support, advocacy, focus on teens and education opportunities

**Families Of Adults Autism-ASAphilly**

This is a Yahoo group list-serve for the Phila area for families of adults (age 17 and up) with Autism Spectrum Disorder.

This is an forum to learn about the needs of adults with Autism, and other related neurological disorders.

<http://health.groups.yahoo.com/group/FamiliesOfAdultsAutism-ASAphilly/>

**Eastern University** [www.eastern.edu/campus/academic\\_support\\_services/csp/application.html](http://www.eastern.edu/campus/academic_support_services/csp/application.html)

College Success Program for Students Living with Autism

**St. Joseph's University** [www.kinneyautism.sju.edu/services/aspire](http://www.kinneyautism.sju.edu/services/aspire)

Kinney Center offers two College bound programs.

**GRASP Philadelphia (Global and Regional Asperger's Syndrome Partnership)** <http://www.grasp.org/>

Members range in age from 18 to 65 plus. Group meets monthly at the Easttown Library in Berwyn, PA

[http://health.groups.yahoo.com/group/GRASP\\_Philadelphia\\_PA/](http://health.groups.yahoo.com/group/GRASP_Philadelphia_PA/)

**Jewish Family and Children's Services – Center for Special Needs** 10125 Verree Road, 19116 [www.jfcsphilly.org](http://www.jfcsphilly.org)

Lisa Ney [lney@jfcsphilly.org](mailto:lney@jfcsphilly.org) (267)256-2269

The Network: monthly community-based culturally enriching outings for high functioning adults.

Healthy Relationships and Sexuality: a series of workshops for adults with special needs to address these issues. Both of these programs are open the general community regardless of religion.

**PAR Pennsylvania Advocacy and Resources for Autism and Intellectual Disabilities** <http://par.net>

Connecting people with Autism or Intellectual Disabilities with supports and services in their community.

717-236-2374

**University of Penn Developmental Disorders Program** [www.med.upenn.edu/add](http://www.med.upenn.edu/add)

215-573-1159. Not autism specific. \$800 for each 8 week session.

[www.wrongplanet.net](http://www.wrongplanet.net) - a online forum for adults, parents and professionals with Autism and ADHD

**ASCEND Meet Ups** <http://www.meetup.com/autism-414/>

**Healthy Relationships and Sexuality Group**

Ages 18 and up with ASD who are looking for meaningful social relationships. Fee. Contact Abby Connor at 215-498-1420 or [CFcounselingconnections@gmail.com](mailto:CFcounselingconnections@gmail.com)

## **Grants and Financial Planning**

**BenePhilly Centers:** <http://sharedprosperityphila.org/city-of-philadelphia-opens-benephilly-centers/>

FREE 1:1 counseling regarding housing, rent, healthcare, prescriptions, disability benefits, utility bills, food, paying for college, and more: call 844-848-4376 locations are as follows:

**Catholic Social Services**, Casa Del Carmen, 4400 North Reese Street, Philadelphia, PA 19140;  
**People's Emergency Center**, in the Families First building, 3939 Warren Street, Philadelphia, PA 19104;  
**Philadelphia FIGHT**, 1233 Locust Street, Philadelphia, PA 19102;  
**Project HOME**, 1515 Fairmount Avenue, Philadelphia, PA 19130;  
**Utilities Emergency Services Fund**, 1617 JFK Blvd, Suite 840, Philadelphia, PA 19103; and  
**United Communities Southeast Philadelphia**, in the Houston Center, 2029 S. 8<sup>th</sup> Street, Philadelphia, PA 19148.

**Bureau of Autism Services, PA Department of Public Welfare**

[www.paautism.org](http://www.paautism.org) 1-877-231-4244. Information about Act 62 and the Autism Waiver located on website.

<http://www.dhs.state.pa.us/fordisabilityservices/autismservices/index.htm>

**Madeline Moore Summer Camp Grant**

Provides up to \$600/ year for children 6-17 to attend a participating summer camp. Child must be receiving publicly funded mental health or behavioral health services (CBH or OMH). Email [SummerCamp\\_DBHIDS@phila.gov](mailto:SummerCamp_DBHIDS@phila.gov) or see this website: <http://dbhids.us/summercamp>. Application must be submitted by a Behavioral Health Provider.

**Children's Scholarship Fund Philadelphia** [www.csphiladelphia.org](http://www.csphiladelphia.org) 215-670-8411

Scholarships for 4 years for K-8 to fund private, parochial and other tuition-based community schools.

**SCHWALLIE FAMILY SCHOLARSHIP PROGRAM/The Lisa Higgins Hussman Scholarship**

<http://www.researchautism.org/news/otherevents/scholarship.asp>

\$3,000 for individuals with Autism towards payment for post-secondary school. Must be submitted by May 1, 2015.

**Cradles To Crayons (C2C)** [www.cradlestocrayons.org/philadelphia](http://www.cradlestocrayons.org/philadelphia) 215-836-0958

FREE clothing, school supplies, shoes, coats, bedding and other material goods for children ages 0 to 12. C2C does not work directly with families; requests must go through social workers, health care workers, teachers, and people in similar positions, who place orders for children's items on behalf of families they support. **Parents/families cannot request directly.** Agencies must register with C2C. Register your agency today for free!

**The New Story Fund:** \$1,500 each year for families with children (age 0-21) with autism spectrum disorder, serious emotional disturbances, mental retardation or other developmental disabilities. The nomination period is open from January 1 through January 31 every year. <http://www.newstory.com/about-us/fund/fund-application/>

**Kelly Anne Dolan Foundation** <http://www.kadmf.org/> 215-643-0763 financial assistance for needs not covered by insurance; referrals must be made by a social worker, nurse, or other healthcare provider; child must have a diagnosed serious, chronic, or critical illness, disability, or condition currently requiring medical attention; **Parents/families cannot request directly. See website for more info.**

## **Financial/Benefits Advisors**

**Tools for Meeting Life's Challenges:** [www.toolsmlc.org](http://www.toolsmlc.org) 866-594-8362 [jscullin@toolsmlc.org](mailto:jscullin@toolsmlc.org)

Non-profit organization that provides resources, support and advocacy, in-person and online, to empower people with disabilities, their families and allies to lead self-determined lives. Information about education, finances and benefits. Free