

### **Caresource YMCA Membership Benefits:**

Caresource provides free YMCA memberships to members with certain health conditions.

To get this benefit, follow these steps:

1. Call Caresource Member Services at **1-800-488-0134**
2. The automated system will prompt you to state what you need to discuss. Say **“Benefits”**
3. The system will ask you to say which benefit—remain silent for a few prompts until the system transfers you to a representative
4. Tell the representative that you are interested in the **YMCA Membership** benefit
5. You will need to tell the representative that you or your child have an obesity, diabetes, or hypertension diagnosis in order to qualify
6. The representative will help process your request
7. About 3 days later, someone from Caresource will call to gather additional information—please answer your phone!
8. They will then mail you a letter stating that Caresource will pay for the YMCA membership for 6 months
9. Take this letter to your local YMCA and apply for your membership there!

If you want to extend this benefit beyond 6 months, you will need to call Caresource at the 6-month mark and request an extension. They will need to see proof that you have been attending the YMCA in order to continue paying for the membership.