





One Website. Free and Low-Cost Resources.

- Employment
- Transportation
- Housing & UtilitiesFood
- Child Care & Camps
- Mental Health

Free Community Events

And so much more!







CAP4Kids.org/Columbus

# LSS Food, Housing & Referral Line

Call 211 or Text (614) 702-7772

## **National Suicide Hotline**

Call or Text 988

### Franklin County Mental Health Crisis Hotlines

Adults (Netcare Access): (614) 276-2273 Youth (Nationwide Children's Hospital): (614) 722-1800

## Mental Health Crisis Text Line Text 741741

# National Maternal Mental Health Hotline

Call or Text (833) 852-6262

## Franklin County Emergency Shelter/ Homeless Hotline (614) 274-7000

Huckleberry House Teen Crisis Shelter Hotline (ages 12+)

(614) 294-5553

# **National Ruaway Safeline**

Call or Text (800) 786-2929

## LSS CHOICES for Domestic Violence

(614) 224-4663

## **Ohio Sexual Violence Helpline**

(844) 644-6435

# Trevor Project Hotline for LGBTQ+ Youth

Call (866) 488-7386 or Text 'START' to 678678

## **Central Ohio Poison Center Hotline**

(800) 222-1222

#### **Ohio Tobacco Quit Line**

(800) 784-8669

### Never Use Alone National Overdose Prevention & Crisis Helpline

(877) 696-1996

#### Franklin County Children Services Child Abuse Hotline

(614) 229-7000