

## Our Locations

We accept referrals from anywhere in Ohio and provide 24/7 care and support.



## About Volunteers of America

We believe in helping all people reach their full potential. For over 125 years, our work has continued to touch the mind, body, heart—and ultimately the spirit of those we serve throughout Ohio and Indiana.

Volunteers of America (VOA) is a national, faith-based nonprofit organization dedicated to helping those in need live healthy, safe, and productive lives.



## Get Help Today

[voaaccess@voaohin.org](mailto:voaaccess@voaohin.org)  
833.659.4357

- 1 Call our 24/7 Access Line
- 2 Speak with a trained specialist
- 3 Complete a brief phone assessment
- 4 Ask questions
- 5 Connect with interim resources
- 6 Schedule your admission

Visit Us Online | [voaohin.org/freshstart](http://voaohin.org/freshstart)

# Fresh Start Recovery Center OHIO

Family-Focused residential substance use disorder treatment for women and mothers.



Volunteers  
of America®

OHIO & INDIANA

Healthy Communities for All

## The Program

Fresh Start Recovery Center is a recovery program that provides residential substance use disorder (SUD) treatment to women, mothers with or without their children, and moms-to-be.

The program uniquely allows mothers and children to remain together during treatment, but you don't need to have children to participate. The program is for any woman interested in pursuing recovery and in need of our care.

*The program meets the American Society of Addiction Medicine levels 3.5 and 3.1 criteria.*

Program services are at  
**NO COST TO YOU!**

*We accept and can help clients apply for Medicaid and utilize federal and state funding.*

# Help is *here* when you need it.



## How We Can Help You

- Substance Use Disorder Treatment
- Mental Health Treatment
- Parenting & Life Skills Development
- Medication Assisted Treatment (MAT)
- Connection to Community Resources & Housing
- Connection to Medical & Psychiatric Care
- Planning for Aftercare

- Court Advocacy
- Intensive Case Management
- Individual & Group Therapy
- Early Childhood Education & Care Coordination
- Peer Recovery Coaching



## Hope and healing begin here.



*“Fresh Start helped me find a purpose and a reason to be here in life. I finally felt like I had the space to reflect on who I am as a person. I could take a deep breath to focus on myself.”*

Former Fresh Start Client