



**Parenting is hard!  
Let us help!**

# Parents, Stay Positive!

## Teen Triple P: a FREE, Five-Week Course

For parents and caregivers (grandparents, other relatives, guardians, etc.) of pre-teens and teens, ages 11 to 16. Get tips to help take the guesswork out of parenting teenagers!

Live on Zoom | Thursdays | 6 to 8 p.m.

2026 Dates: April 16, April 23, April 30, May 7 and May 14

### Discussion will include:

- The power of positive parenting techniques
- Factors influencing teenagers' behavior
- Developing positive relationships with teenagers
- Increasing desirable behavior
- Acknowledging teenagers' emotions

Each participant will also have three optional one-on-one phone sessions with the group leader to make the information *really* work for their families.

All workshops on Zoom – Open to families in Crawford, Franklin, Morrow and Richland Counties

To sign up, call (614) 355- 8099 or  
email [TripleP@NationwideChildrens.org](mailto:TripleP@NationwideChildrens.org)



**Department of  
Children & Youth**  
Ohio Children's Trust Fund