



FREE Parenting Workshops 2026 Dates

Supportive, small group programs to connect with other parents about raising young children. You can attend **any** or **all** of the classes below for **free**.

All workshops on Zoom - open to families in Crawford, Franklin, Morrow and Richland Counties

Managing Fighting and Aggression

Learn strategies for teaching kids to solve problems and get along with others.

Thursday, April 9, 10 a.m. to noon

Wednesday, May 20, 6 to 8 p.m.

Wednesday, June 17, 6 to 8 p.m.

Dealing with Disobedience

Get tips on getting kids to listen and follow directions and what to do when they don't.

Wednesday, April 22, 6 to 8 p.m.

Thursday, May 7, 6 to 8 p.m.

Tuesday, June 9, noon to 2 p.m.

Hassle-Free Mealtimes with Children

Get ideas on how to address picky eating and other mealtime struggles.

Tuesday, April 21, noon to 2 p.m.

Wednesday, May 27, 6 to 8 p.m.

Developing Good Bedtime Routines

Get advice on getting your kid to go to bed—and staying there.

Thursday, May 14, 10 a.m. to noon

Wednesday, June 10, 6 to 8 p.m.

Hassle-Free Shopping with Children

Learn how to plan for easy, calm trips and how to address misbehavior while in public.

Wednesday, April 15, 6 to 8 p.m.

Wednesday, June 3, noon to 2 p.m.

To sign up, call **(614) 355-8099** or
email **TripleP@NationwideChildrens.org**

