



Parenting can be hard. You don't have to figure it out alone.

Parents, Stay Positive!

FREE, Five-Week Course

For parents and caregivers (grandparents, other relatives, guardians, etc.) of children from birth through age 12.
Learn how to get more of the behavior you like from your children and less of what you don't.

Live on Zoom | Wednesdays | 6 to 8 p.m.

2026 Dates: July 22, 29; August 5, 12, 19

Classes will cover:

- The power of positive parenting techniques
- What causes kids' behaviors
- Setting goals for change
- Tips on how to reconnect with your child and build your positive relationship
- Giving directions kids are likely to follow
- Recognizing progress and planning for the future

Each participant will also have three optional one-on-one phone sessions with the group leader to make the information *really* work for their families.

All workshops on Zoom – Open to families in Crawford, Franklin and Richland Counties

**To sign up, call (614) 355-8099 or
email TripleP@NationwideChildrens.org**



**Department of
Children & Youth**
Ohio Children's Trust Fund