



**Parenting
can be tough.
But so are you!**

Parents, Stay Positive!

FREE, Five-Week Course

For parents and caregivers (grandparents, other relatives, guardians, etc.) of children from birth through age 12. Learn how to get more of the behavior you like from your children and less of what you don't.

**Live on Zoom | Wednesdays | noon to 2 p.m.
2026 Dates: October 21, 28; November 4, 11, 18**

Classes will cover:

- The power of positive parenting techniques
- What causes kids' behaviors
- Setting goals for change
- Tips on how to reconnect with your child and build positive relationships
- Giving directions kids are likely to follow
- Recognizing progress and planning for the future

Participants can also choose to take part in three one-on-one phone calls with the group leader to help put what they learn into practice at home.

All workshops on Zoom – Open to families in Crawford, Franklin and Richland Counties

**To sign up, call (614) 355-8099 or
email TripleP@NationwideChildrens.org**



**Department of
Children & Youth**
Ohio Children's Trust Fund